



Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh
Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Criterion7-Institutional Values and Best Practices

Key Indicator - 7.1 Institutional Values and Social Responsibilities

7.1.1 a. The Gender Audit and measures for the promotion of gender equity during the last five years.

Index

- 1. Women Development Cell Expression**
- 2. Yoga Practice Workshop**
- 3. Women's Health Awareness Program**
- 4. Seminar on child sexual abuse**
- 5. Personality Development**
- 6. Cybersecurity**
- 7. Self-employment and entrepreneurial skills**

7.1.1 b. Institution shows gender sensitivity, safety, and security in providing facilities such as Safety and Security

- 1. Security Officers**
- 2. CCTV cameras**
- 3. Emergency Numbers and Important administrative numbers**
- 4. Anti-Ragging Committee**
- 5. Teacher Guardian Scheme**
- 6. Girls Common Room**
- 7. Sanitary Napkin Vending Machine**


Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23

Date: 24/06/2022

Notice

Women Development Cell

All the staff members and students of the college are hereby informed that a **Women Development Cell** has been formed for the upliftment of women and spread the real importance of gender equality in the society through college students. The cell is intended to conduct various activities, seminars and workshop to empower teachers and students.

Committee Members:

Sr. No	Name of the Member	Designation	Mobile No.	Email ID
1	Ms. Meena Raut (Incharge)	Asst. Professor	7719018140	mr7351099@gmail.com
2	Ms. Priya Palekar	Asst. Professor	7499479675	priyapalekar01@gmail.com
3	Ms. Komal Sahare	Asst. Professor	9146628825	komalshahare23@grmail.com

Copy to:

1. HOD
2. All committee members
3. Staff Member
4. Students
5. Notice Board


Principal
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia

सुचना

दि. 14/07/2022

महाविद्यालयातील वी.व्ही.सी. होम.
प्रथम वर्षातील तसेच शिक्षक आणि शिक्षकेतर
कर्मचारी यांना सुविधा करव्यात येव आहे की
दिनांक. 16/07/2022 ला महाविद्यालयामध्ये योगा-
सन, पॅकशाप (योग्य विक्टिड वर्कशॉप) ये
आयोजन करव्यात येव आहे तरी आपली सर्वांची
उपस्थिती प्रार्थनिय आहे.

[Signature]

Head of the Deptt

Dikhama Mahila Manavidyalaya

Nawegaon/Bandh

Sr. No	Name of Teacher	class	Signature
1	Komol shahane	B.Sc - 1 st	Kshahane

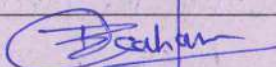
Kukhama Mahila Mahavidyalaya, Nawegaon Bandh

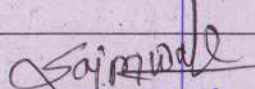
Yogo practice workshop

16/07/2022

Sr.No.	Name of student	Signature
1	Soraya P. Dongare	S.P.D
2	Nutan N. Kotete	N Kotete
3	Shilal A. Madawi	shilal madawi
4	Yamina. M. Mungulmare	yaminal
5	yashodhara. D. Kargate.	Kargate.
6	Nikita. H. Wauke	N. H. Wauke
7	Prabhut B. Sbi	P-B. Sbi
8	Keena M. Mauje	K.M. mauje
9	sharda. T. Nagarikar	S.T. Nagarikar
10	vithabai S. madawi	vithabai
11	shubhangi N. malkar	S.N. malkar
12	savita N. Casunte	Savita
13	Venita D. Zoole	V. D. Zoole
14	vaishnavi D. Sayam	V. D. Sayam
15	Payal. D. Gabhame	P.D. Gabhame
16	yemutai P. Waghade	y.p. Waghade.
17	Shital. M. Gredam	S-M. Gredam
18	Swati K. Meshram	S.K. Meshram
19	Ruchita P. Puzam	R.P. Puzam
20	Usha R. Tarani	Usha. R. Tarani
21	Neha D. madavi	Neha.
22	vaishali P. Bahamankare	vaishy
23	Nikita S. Tembhurne	N.S. Tembhurne
24	Prajakta S. Kargate	Prajakta
25	Rina. M. Kumbhkar	R. M. Kumbhkar
26	Sandhya. N. Kokode	S.N. Kokode.
27	Suwita N. Lasunte	S.N. Lasunte
28	Kajal. G. Meshram	K. G. Meshram
29	Pallavi T. Raut	P. T. Raut
30	Prati. D. shende	Prati
31	kalyani C. tanje	kalyani C. tanje.

So.No.	Name of student	signature
33	Nogeshwati M. Sanyal	Nogeshwati
34	Kajal A. Agrawal	<u>Kajal</u>
35	Amita Raju GHARAT	A.R.GHARAT
36	Dimpal D. Raut	<u>D.Raut</u>
37	Reenu M. Mautje	<u>Reenu</u>
38	Peatiksha A. Neware	P.A.Neware
39	Durga S. Zingare	D.S.Zingare
40	Kajal. M. Borghare	K.M.Borghare
41	saasha. G. Zalke	S.G.Zalke
42	Nikita. m. Ghatke	Nikita
43	Phaniali J. Meshram	P.J.Meshram
44	Kanishma G. Meshram	<u>K.Gee</u>
45	Aswini vicag Meshram	<u>A.V.Meshram</u>
46	Dipali V. Puroshore	<u>Dipali V. Puroshore</u>
47	Jyoti. K. Bharade	J.K.Bharade
48	Priya A. Gadole	Priya A. Gadole
49	Ravina M. Boddole	<u>Ravina B.</u>


 Prashant K. Shahan
 Head of the Deptt
 Rukhama Mahila Manavidyalaya
 Nawangan/Bandh


 Sajimale
 Offi. Principal
 RUKHAMA MAHILA MV
 N/Bandh, Ja. A/Mor. Di. Gondia



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Department of Home Science

Session 2022-23

Semester: I

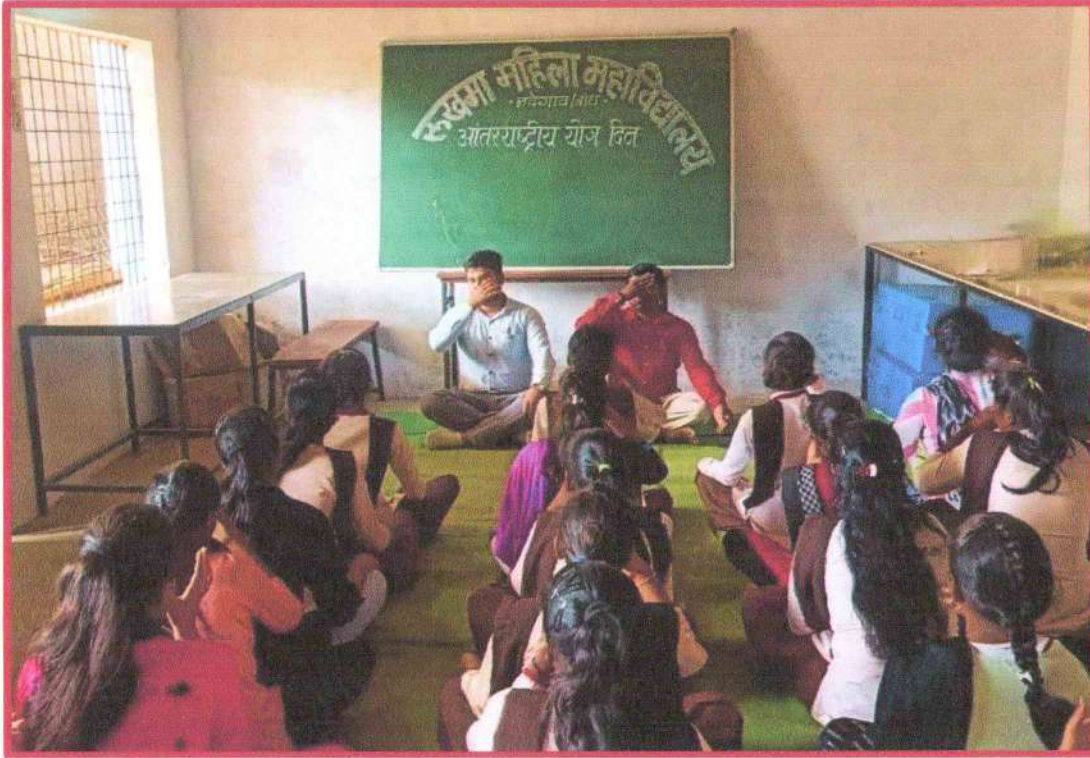
Date: 16 July 2022

Report on Yoga Practice Workshop

1. Event Title	:	Yoga Practice Workshop
2. Event Date	:	16 July 2022
3. Event Duration	:	1 Day
4. Event Venue	:	Rukhama Mahila Mahavidyalaya, Nawegaon Bandh
5. Event Resource Person	:	
6. Event Coordinator	:	Mr. Prashant Sahare
7. Number of participants	:	49
8. Objective	:	To attain a higher level of consciousness. To practice mental hygiene. To enable the students to have good health. To possess emotional stability. To integrate moral activities. To integrate spiritual ability. To increases concentration and self-control. To increase productivity in life.
9. Outcome	:	Regular yoga practice creates mental clarity and calmness


Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di. Gondia

Photograph of the Event



Mr. Prashant Sahare teaching Yoga practices to the students in Yoga fitness workshop


Jffi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di, Gondia

सुचना

दि. 26/08/2022

महाविद्यालयीय वी.सूस्ती
होमसायन्स द्वितीय वर्ष आणि तृतीय वर्ष
तसेच शिक्षक आणि शिक्षकेतर कर्मचारी यांना
रुखिल करण्यात येत आहे की दिनांक - 27/08/22
ला महाविद्यालयानुन Health awareness with
Ashwookress या वढल रूनी ये आयोजन
करण्यात येत आहे. तरी आपली सर्वाथी
उपास्थेथी प्रार्थनिय आहे.

Rheet

Women cell
incharge

Amesham

Head of the Deptt
Dukhama Mahila Manavidyalaya
Nawegaon/Bandh

Sr. No	Name of Teacher	class	sig.
1.	Ms. R. Raut	B.Sc. II nd	<u>Rheet</u>
2	Monika Hatwar	B.Sc. - III rd	<u>Mhatwar</u>



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Faculty of Home Science
Department of Human Development
Session: 2022-23
Semester: III, V

Student Attendance Sheet
Workshop

27/08/2022

Name of Activity: Awareness about health with Ashaworkers

Sr.No.	Participant Name	Signature
1	Pramila Vishwanath Naik	P. Naik
2	Nikita Mahesh Gholake.	N. Gholake
3	AB SALAAM S. ANJAM	A. Anjam
4	Chhaya S. Meshram	Chhaya
5	Karishma G. Meshram	Karishma
6	Ashwini Vilash Meshram	A. Meshram
7	Babita Gajanan Jambhule	B. Jambhule
8	Diksha L. Gotefode	D. G.
9	Asha R. Lade	A. R. Lade
10	Bhmeshwari S. Naitam.	B. Naitam
11	Varsha G. Zalke	V. Zalke
12	Neha Renukti W. W. W.	N. Renukti
13	Utwashi T. Naitam	U. T. Naitam
14	Nirmala Premlal Boshare	N. B.
15	Shubhangi J. Meshram.	S. M.
16	Dimpal P. Raut	D. Raut
17	Tineshwari Pushpaj Gautam	T. Gautam
18	Ankita Anand Kumbhure	A. Kumbhure
19	Manisha W. Raut	M. Raut
20	Ujjwal Sunil Zingare	U. S. Zingare
21	Geeta M. Ghighusab	Geeta
22	Amita Raju Gharat	A. R. Gharat
23	Omika Manohar Hatzade	O. M.

Amita
Name of Faculty
M. R. Raut

Zmesh
Head of the Deptt
Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

Ujjwal
Principal
Jt. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor. Di. Gondia



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Department of Home Science

Session 2022-23

Semester: III, V

Date: 27th Aug 2022

Report on RMM with Asha workers Awareness Program On Health

1. Event Title	:	RMM with Ashaworkers Awareness Program On Health
2. Event Date	:	27th Aug
3. Event Duration	:	1 day
4. Event Venue	:	Nawegaon Bandh
5. Event Resource Person	:	-
6. Event Coordinator	:	MEENA RAUT
7. Number of participants	:	23
8. Objective	:	ASHA will provide information to the community on determinants of health such as nutrition, basic sanitation & hygienic practices, healthy living and working conditions, information on existing health services and the need for timely utilization of health & family welfare services.
9. Outcome	:	ASHA will mobilize the community. Village health and sanitization will improve


Offl. Principal
RUKHAMA MAHILA MV
N/Bandh, ta. A/Mor Di. Gondia



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Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session 2022-23

Semester: III, V


Photograph of the Event



Students telling health awareness to villagers



Students health awareness rally with Asha worker at Nawegaon bandh


Off. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Gondia

सुचना

दि. 10/12/2022

महाविद्यालयीक वी.रूसी होमसायन्स
द्वितीय वर्ष, तृतीय वर्ष तसेच शिक्षक आणि शिक्षकेतर
कर्मचारी यांना सुविधित करण्यात येत आहे की
दिनांक - 12/12/2022 ते 17/12/2022 पर्यंत
महाविद्यालयामध्ये Awareness about Health
वर वर्कशाप बेव्याये ठरविण्यात आलेले आहे.
तरी आपली सर्वाधी उपस्थिती प्रार्थनिय आहे.

Head of the Deptt

Pukhama Mahila Manavidyalaya
Nawegaon/Bandh

#	Name of Teacher	Class	sig
1	Komal Shahre	B.Sc II nd	
2	M.R. Patil	B.Sc III rd	



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Syllabus for workshop On Health Awareness

Duration: 30 hours (10 sessions of 3 hours each)

Objective:

The objective of this workshop is to educate and empower women with knowledge and skills related to their health and well-being. It aims to create awareness about various health issues that affect women and provide them with practical tips and strategies to maintain a healthy lifestyle.

Target Audience:

This workshop is designed for female students of the Home Science degree college who are interested in learning about women's health.

Session 1: Introduction to Women's Health (3 hours)

- Importance of women's health
- Common health issues faced by women
- Factors affecting women's health
- Role of nutrition in maintaining good health

Session 2: Reproductive Health (3 hours)

- Understanding the female reproductive system
- Menstrual cycle and its phases
- Common menstrual problems and their management
- Importance of regular check-ups and screenings

Session 3: Mental Health (3 hours)

- Definition of mental health
- Common mental health disorders in women
- Coping mechanisms for stress, anxiety, and depression
- Self-care practices for maintaining good mental health

Session 4: Nutrition for Women (3 hours)

- Nutritional requirements for women at different stages of life
- Balanced diet and its components
- Healthy eating habits for better physical and mental well-being
- Tips for meal planning and preparation

Session 5: Exercise and Fitness (3 hours)

- Benefits of regular physical activity for women
- Types of exercises suitable for women at different ages
- Importance of proper form and technique while exercising
- Creating a personalized fitness plan

Session 6: Sexual and Reproductive Health (3 hours)

- Understanding sexual and reproductive rights
- Safe sex practices
- Contraception methods
- Prevention, detection, and treatment of sexually transmitted infections

Session 7: Preventive Healthcare (3 hours)

- Importance of preventive healthcare
- Common health screenings and tests for women
- Early detection and prevention of diseases
- Vaccinations and their role in maintaining good health

Session 8: Managing Menopause (3 hours)

- Understanding the menopausal transition
- Symptoms and management strategies
- Importance of hormone replacement therapy
- Lifestyle changes for managing menopause

Session 9: Women's Health and Environment (3 hours)

- Impact of environmental factors on women's health
- Common environmental hazards and their effects
- Tips for creating a healthy and safe living environment
- Sustainable practices for better health

Session 10: Self-Care and Empowerment (3 hours)

- Importance of self-care for women's health
- Strategies for self-care in daily life
- Building self-esteem and confidence
- Resources for seeking help and support



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Email ID: Rukhama.nawegaon@gmail.com

Faculty of Home Science
Department of Health & Nutrition
 Session: 2022-23
 Semester: III, V

Student Attendance Sheet
Workshop

12/12/2022

Name of Activity: Health awareness for students.

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
1)	Pramila Vishwanath Naik	P.V.N	P.V.N	P.V.N	P.V.N	P.V.N	P.V.N
2)	Tineshwari P. Gadutam	IPG	IPG	IPG	IPG	IPG	IPG
3)	Geeta M. Anshusuke	gema	gema	gema	gema	gema	gema
4)	Amrita Raju Gharsat	A.R.G	A.R.G	A.R.G	A.R.G	A.R.G	A.R.G
5)	Varsha G. Zalka	V.G.2	V.G.2	V.G.2	V.G.2	V.G.2	V.G.2
6)	Shybangi Jayendra Meshram	S.J.M	S.J.M	S.J.M	S.J.M	S.J.M	S.J.M
7)	Karishma Gejjanan Meshram	K.G.M	K.G.M	K.G.M	K.G.M	K.G.M	K.G.M
8)	Udwashi T. Naik	U.T.N	U.T.N	U.T.N	U.T.N	U.T.N	U.T.N
9)	Nithita M. Ghutke	N.M.G	N.M.G	N.M.G	N.M.G	N.M.G	N.M.G
10)	Manisha Uman Raut	M.U.R	M.U.R	M.U.R	M.U.R	M.U.R	M.U.R
11)	Nismala Premal Borkar	N.P.B	N.P.B	N.P.B	N.P.B	N.P.B	N.P.B
12)	Ashwini Vilash Meshram	A.V.M	A.V.M	A.V.M	A.V.M	A.V.M	A.V.M
13)	Durga Sunil Zingare	Dz	Dz	Dz	Dz	Dz	Dz
14)	Bhmeshwari S. Naikam	Bn	Bn	Bn	Bn	Bn	Bn
15)	Kajal Mohanlal Bhoghabe	Km	Km	Km	Km	Km	Km
16)	Ankita Anand Kumbhar	A.A.K	A.A.K	A.A.K	A.A.K	A.A.K	A.A.K
17)	Omika Munhar hatzade	OMH	OMH	OMH	OMH	OMH	OMH
18)	Neha Pruthviraj Madavi	NM	NM	NM	NM	NM	NM
19)	Dimple D. Raut	D.R	D.R	D.R	D.R	D.R	D.R
20)	Babita. Gajanan Jambhule	Bee	Bee	Bee	Bee	Bee	Bee
21)	Pratiksha N. Shende	P.S	P.S	P.S	P.S	P.S	P.S

AKASH G. PESHNE

Name of Faculty

AKASH G. PESHNE

Amesh

Head of the Dept

Rukhama Mahila Mahavidyalaya
 Nawegaon/Bandh

Sajimale
 Jiji Principal

RUKHAMA MAHILAMV
 N/Bandh, p. 11 Mor. Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Department of Home Science

Session 2022-23

Semester: III, V

Date: 17th Dec 2022

Report on Awareness of Health for Students

1. Event Title	:	Awareness of Health for Students
2. Event Date	:	12th -17th Dec
3. Event Duration	:	30 hrs
4. Event Venue	:	Rukhama Mahila Mahavidyala, Nawegaon bndh
5. Event Resource Person	:	Dr. S. B. Buddhe
6. Event Coordinator	:	Mr. Akash Peshne
7. Number of participants	:	21
8. Objective	:	The objective of this workshop is to educate and empower students with knowledge and skills related to their health and well-being. It aims to create awareness about various health issues that affect people and provide them with practical tips and strategies to maintain a healthy lifestyle.
9. Outcome	:	Students will be more aware of the diseases and the preventive measures to be taken

Photograph of the Program



Dr. S. B. Buddhe addressing the students on health awareness

B. Buddhe
Off. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor. Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

This is to certify that Miss. *Shubhangi J. Meshram*..... student

of B.Sc Home science *2nd*.... year has Participated in 30 hours (12th to 17th Dec. 2022) Certificate

Course on “Awareness about Health”.

We wish her good luck for the future endeavors.

Meshram
HoD

Department of Home Science

Joimala
Principal

Rukhama Mahila Mahavidyalaya N/B

सुचना

दि. 18/01/2019

महाविद्यालयालील सर्व विद्यार्थिनीना तसेच शिक्षक आणि शिक्षकेतर कर्मचारी यांना सुचित करण्यात येत आहे की दिनांक 19/01/2019 ला महाविद्यालयामध्ये on child sexual abuse या सेमिनार आयोजित केलेला आहे. तरी आपली उपस्थिती प्राधान्य आहे.

~~Report~~
Women cell
incharge

Rukhama
Head of the Deptt
Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Sr. No	Name of Teacher	Class	sig.
1.	Prashant K. Shahare	B. Sc. I st	<u>Shahare</u>
2.	AKshay Behare	B. Sc. III	<u>Behare</u>
3.	Ashadevi Gupta	B. Sc. II nd	<u>Gupta</u>



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Faculty of Home Science

Department of Human Development

Session: 2018-19

Semester: II, IV & VI

Student Attendance Sheet

19/01/2019

Seminar

Name of Activity: Seminar on child sexual abuse

Sr.No	Participant Name	Signature
1	MADHURI V. BHOPE	M.V BHOPE
2	Bhaptere Y. Sonawane	Bhaptere
3	Asha .s. Blalekar	A.s. balekar
4	Gitabai maroti Gahane	G.m. Gahane
5	Manisha K. Fulkuwar	M.K.F
6	Hrush khoseam karyate	Hrush karyate
7	Papita M. Kohale	Papita Kohale
8	Komol Dipikumar Shahare	K. Shahare
9	Barti Jaypa Bursagade	B.T. Bursagade
10	PRIYA J. NEWARE	PRIYA J. Neware
11	Sandhya R. Ramteke	S.Ramteke.
12	Dayawati parushottam pandhare	D.Pandhare
13	Abhi T. meshram	Abhi T. meshram
14	Rina .P. Mandarkar	Rina
15	Neha A. siesam	Neha
16	Chhabu kedhar Gahane	Gahane
17	vijaya galab saut	Vijaya
18	piya.G. Dongarwar	Dongarwar
19	Archana .N. mendhe	A.N.mendhe
20	Shilpa Anamram Kakum	Shilpa
21	sareita hetam jahane	Sareita
22	Tejsvini M. Walthare	Tejsvini
23	Vidya R. Netam	V.R. Netam
24	Ashwini N. Walthare	A.N. Walthare
25	Minakshi M. Ramteke	Ramteke

Signature
Jini Principal

Sr.No	Participant Name	Signature
26	Sangita Mahadeo Meshram	Sangita
27	Kiran L. Ukey	Kiran
28	Nisha R. Kawale	N. R. Kawale
29	Rumika B. Pusam	R. B. Pusam
30	Pratiksha M. Chachane	P. M. Chachane
31	Pratima Shankar Thakare	P. S. Thakare
32	Swati R. Waghmare	Swati
33	payal Prakash Suptel	P. P. Suptel
34	Vidhali G. Kawale	Vidhali
35	swarna B. Kove	Swarna
36	Pramila Vishwanath Naik	P. V. Naik
37	Pratima D. Chaudhari	P. D. Chaudhari
38	Pratima Anandao Pedam	Pratima
39	HARSHAL P. Doye	Harshal
40	Jyoti K. Watti	J. K. Watti
41	Gayatri P. Tizare	Gayatri
42	Chhaya R. Bhoje	Chhaya
43	Fulwanta T. Kargate	F. Kargate
44	Prabha N. Bhojate	Prabha
45	Surekha B. Sayam	S. B. Sayam
46	Sneha C. Gurnule	Sneha Gurnule
47	Prabha N. Bhojate	Prabha
48	Ashvini M. Hule	A. M. Hule
49	Vaishali R. Dongare	V. R. Dongare
50	Kiran M. Dongare	K. Dongare
51	Gayatri P. Tipare	G. P. Tipare
52	Pratima V. Dimy	Pratima
53	Pratima Maske	Pratima
54	Pallavi K. Maske	P. Maske
55	Pratishka K. Tekam	P. Tekam
56	Kiran V. Tekam	K. Tekam
57	Rina A. Bramhakar	R. A. Bramhakar
58	Pipali W. Karande	P. W. Karande
59	Madhuri G. Sayam	M. G. Sayam
60	Shital M. Gahane	S. M. Gahane
61	Papita M. Kohale	P. Kohale



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Website: www.rukhamamahilamv.com

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Department of Home Science

Session 2018-19

Semester: II, IV, VI

Date: 19th Jan 2019


Report on Seminar on Child Sexual abuse

1. Event Title	:	Seminar on Child Sexual abuse
2. Event Date	:	19 th Jan 2019
3. Event Duration	:	1 day
4. Event Venue	:	Rukhama Mahila Mahavidyalaya, Nawegaon bandh
5. Event Resource Person	:	Dr. Smita Buddhe
6. Event Coordinator	:	Priya Palekar
7. Number of participants	:	72
8. Objective	:	Increase community education and awareness about child abuse, including strategies for prevention, intervention and treatment.
9. Outcome	:	Knowledge of Participant about these issues can help to protect themselves against sexual abuse.

Photograph of the Event



Dr. Smita Buddhe addressing the students on Child sexual Abuse


Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Gondia

सुचना

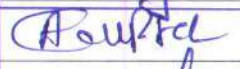

दि. 03/08/2018

महाविद्यालयी वी.एस्सी होमसायन्स
द्वितीय व तृतीय वर्षातील विद्यार्थिनींना तसेच
शिक्षक व शिक्षकेतर कर्मचाऱ्यांना सुचित
करण्यात येत आहे दिनांक 06/08/2018 ते
10/08/2018 पर्यंत महाविद्यालयामध्ये Personality
Development वर वर्कशाप घेण्याचे ठरविले
आहे. तरी आपली सर्वांगी उपस्थिती प्राधान्य
आहे.



Head of the Deptt

Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

	Name of Teacher	Class	Sig
1	Asha Gupta	Bsc 2 nd	
2	Nitesh Jaeshwal	B.Sc. 3 rd	



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Email ID: Rukhama.nawegaon@gmail.com

Syllabus for workshop On Personality Development

Course Duration: 30 hours (10 sessions of 3 hours each)

Course Description:

This workshop aims to empower women by enhancing their personality traits and developing essential life skills. Through interactive sessions, discussions, and practical exercises, participants will gain a deeper understanding of themselves, improve their communication skills, boost self-confidence, and learn strategies for personal growth and development.

Course Objectives:

1. To help participants understand the concept of personality development and its importance in personal and professional life.
2. To identify individual strengths and weaknesses and develop strategies to enhance positive traits.
3. To improve communication skills, including verbal and non-verbal communication techniques.
4. To enhance self-confidence and develop a positive self-image.
5. To provide tools for effective stress management and emotional well-being.
6. To foster interpersonal skills for building healthy relationships with family, friends, and the community.
7. To encourage personal growth through goal setting, time management, and decision-making techniques.

Session 1: Introduction to Personality Development (3 hours)

- Understanding the concept of personality development
- Importance of personality development in various aspects of life
- Self-assessment exercises to identify strengths and areas for improvement

Session 2: Communication Skills (3 hours)

- Verbal communication techniques: effective speaking and active listening
- Non-verbal communication cues: body language, facial expressions, etc.
- Role-playing exercises to practice effective communication

Session 3: Building Self-Confidence (3 hours)

- Understanding self-esteem vs. self-confidence
- Techniques to boost self-confidence
- Overcoming self-doubt through positive affirmations

Session 4: Stress Management (3 hours)

- Identifying stress triggers
- Stress reduction techniques: relaxation exercises, deep breathing, etc.
- Strategies for maintaining emotional well-being

Session 5: Interpersonal Skills (3 hours)

- Building healthy relationships with family, friends, and the community
- Conflict resolution techniques
- Empathy and active listening exercises

Session 6: Goal Setting and Time Management (3 hours)

- Importance of setting goals for personal growth
- Techniques for effective goal setting
- Time management strategies to prioritize tasks and achieve goals

Session 7: Decision Making (3 hours)

- Understanding the decision-making process
- Evaluating options and making informed decisions
- Case studies and group discussions on decision making

Session 8: Personal Growth and Development (3 hours)

- Identifying areas for personal growth
- Strategies for continuous learning and self-improvement
- Creating a personal development plan

Session 9: Presentation Skills (3 hours)

- Techniques for effective public speaking
- Overcoming stage fright and nervousness
- Practice sessions with feedback from peers

Session 10: Wrap-up and Reflection (3 hours)

- Reviewing key concepts covered throughout the workshop
- Sharing personal experiences and reflections on the journey of personality development
- Certificates distribution ceremony



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Faculty of Home Science

Department of English

Session: 2018-19

Semester: III & V

Student Attendance Sheet

06/08/2018

Workshop

Name of Activity: Personality development workshop

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5
1	Pramila Vishwanath Naik	P	P	A	P	P
2	Pragati Anandsao gedam	P	A	P	P	P
3	Manjusha S. Kove	P	P	P	A	P
4	Gitabai maruti Gahane	P	A	P	P	P
5	Sandhya R. Ramteke	P	P	A	P	P
6	Monika Geidhaji Hatwar	P	P	P	A	P
7	Bharti Jaypal Barsagade	P	P	A	P	P
8	Haresh Khosaram Kappade	P	P	P	A	P
9	Paya Prakash Sapkal	P	A	P	P	P
10	Komal Dikikumar Sheshor	P	P	P	A	A
11	Manisha K. Fulkumar	P	A	P	P	P
12	Shilpa Adarsham Kalam	P	A	P	P	P
13	Chhoy R. Bhope	P	P	P	P	P
14	Pratima Shankar Thakare	P	P	P	A	P
15	Dayawati pusushottam pandhase	P	A	P	P	P
16	Nisha Naldeo Praso Meshram	P	P	P	P	P
17	Vijaya galab raot	P	P	A	P	P
18	Kamibai A. Holi	P	P	P	P	A
19	Saeta hetam gahane	P	P	P	P	P
20	Pratibha K. Bai S. Vikey	P	P	A	P	P
21	CHHABU Kedare Gahane	P	P	P	A	P
22	Vidya R. Netam	P	P	P	P	P
23	Ashwini N. Waltheare	P	P	A	P	P

A Gupta

Name of Faculty

Ashodevi Gupta

Amesh

Head of the Deptt

Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

Saimpale

Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



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Department of Home Science

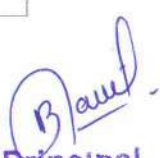
Session 2018-19

Semester: III and V

Date: 11th Aug 2018

Report on Personality Development

1. Event Title	:	Personality Development
2. Event Date	:	6 th August to 10 th August
3. Event Duration	:	30 hours
4. Event Venue	:	Rukhama Mahila Mahavidyalaya Nawegaon/Bandh
5. Event Resource Person	:	Gautam Shende, Harsha Dongarwar & Nagma Sakhare
6. Event Coordinator	:	Ashadevi Gupta
7. Number of participants	:	24
8. Objective	:	<ol style="list-style-type: none">1. To help participants understand the concept of personality development and its importance in personal and professional life.2. To identify individual strengths and weaknesses and develop strategies to enhance positive traits.3. To improve communication skills, including verbal and non-verbal communication techniques.4. To enhance self-confidence and develop a positive self-image.5. To provide tools for effective stress management and emotional well-being.6. To foster interpersonal skills for building healthy relationships with family, friends, and the community.7. To encourage personal growth through goal setting, time management, and decision-making techniques.


Off. Principal
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N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

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Department of Home Science

Session 2018-19

Semester: III and V

	9. Outcome	: 1. Student will develop skills to embrace change, handle setbacks, and thrive in dynamic work environments. □ 2. Build self-confidence, overcome self-doubt, and be able to assert oneself in professional settings. 3. Improve both verbal and non-verbal communication abilities, active listening, and expressing ideas effectively.
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Photographs of the Program:



Mrs. Nagma Sakhare addressing the students on Personality Development


Offi. Principal
RUKHAMA MAHILA MV
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Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Department of Home Science

Session 2018-19

Semester: III and V

Photographs of the Program:



Mr.Gautam shende addressing the students on Personality Development



Mrs. Harsha Dongarwar addressing the students on Personality Development

B. Desai
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ja. A/Mor Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

This is to certify that Miss. *Shilpa A. Kalam*..... student of

B.Sc Home science *2nd* year has successfully completed 30 hours (6th to 10th August 2018)

Certificate Course entitled “ Personality Development ”.

We wish her good luck for the future endeavors.

HoD

Department of Home Science

Principal

Rukhama Mahila Mahavidyalaya N/B

सुचना

दि - 30/09/2022

महाविद्यालयातील की-रस्सी
होमसायन्स विलीय वर्ष, तृतीय वर्ष तसेच
शिक्षक आणि शिक्षकेतर कर्मचारी यांना सुषिल
करव्याल येत आहे की दिनांक - 01/10/2022
ला Cyber Security सेमिनार ठेवण्याचे
ठरविले आहे. तरी आपली सर्वाची उपस्थिती
प्रायःनिय आहे.

Amesh

Head of the Deptt

B. Khama Mehta Manavidyalaya
Nawegaon/Randh

क्र. No	Name of Teacher	Class	sig
1.	Ms. Raveed	B.Sc. III rd	<i>Raveed</i>
2	Chhabu Gahane	B.Sc.-II nd	<i>Chhabu</i>



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Faculty of Home Science
Department of Physics
Session: 2022-23
Semester: III, V

Student Attendance Sheet

01/10/2022

Name of Activity: Seminar on cyber security

Sr.No.	Participant Name	Signature
1	AB SALAAM S. ANJAUM	Anjaum
2	Babita Gajanan jumbhule	Babibhule
3	Varsha G. Zalke	Zalke
4	Shubhangi Jayendra meshram	Shm
5	Manisha Naman Raut	M.Raut
6	Geeta M. Ghughusakar	Geeta
7	Dimple J. Raut	J.Raut
8	Urwashi T. Naitam	U. T. Naitam
9	Dikha G. Gatefode	D.G
10	Chhaya S. Meshram	Chhaya
11	Pramila Vishwanath naik	Pratik
12	Nikita Mahesh ghutke	N.Ghutke
13	Karishma Gajanan meshram	Karishma
14	Ashwini Vilash meshram	A.Meshram
15	Asha R. Lade	A.R Lade
16	Bhumeshwari S. Naitam	B.Naitam
17	Neha Dhenuktu Munde	N.Munde
18	Nirmala Premal Borhade	N.B
19	Tineshwari Pushpraj Gautam	T.Gautam
20	Ankita anraj kumbhारे	A.Kumbhारे
21	Durga Sunil Zingare	D.S.Zingare
22	Omika Manohar hatzade	Om
23	Amitea Raju Ghareat	A.R. Ghareat

Bahare
Prashant Bahare

Amith
Head of the Deptt
Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

Saimale
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

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Department of Home Science
Session 2022-23

Semester: III, V

Date: 01st Oct 2022

Report on Workshop Cyber Security

1. Event Title	:	Workshop Cyber Security
2. Event Date	:	01 st Oct
3. Event Duration	:	1 day
4. Event Venue	:	Rukhama Mahila Mahavidyalaya, Nawegaon bandh
5. Event Resource Person	:	Mr. Akash Waghade (Traffic police N/B)
6. Event Coordinator	:	Mr. Prashant Sahare
7. Number of participants	:	23
8. Objective	:	To ensure secure storage, control access and prevent unauthorized processing, transfer, or deletion of data.
9. Outcome	:	Protect and defend computer systems and networks from cyber security attacks.

Photograph of the Event



Mr. Akash Waghade addressing the student's seminar on cyber security


Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di. Gondia

सुचना

दि. 31/08/2018

महाविद्यालयातील वी.सुस्ती होमसायन्स द्वितीय वर्ष व तृतीय वर्षातील विद्यार्थीनी तसेच शिक्षक आणि शिक्षकेतर कर्मचारी यांना सुचित करण्यात येत आहे, कि. दिनांक 03/09/2018 ते 08/09/2018 पर्यंत महाविद्यालयामध्ये Repairिंगचे 08 Home appl'वाचे वर वकशाप घेण्याचे ठरविले आहे. तरी आपली सर्वाधी उपस्थिती प्राथमिक आहे.

K. Meshram
Head of the Deptt
 Dikhama Mahila Manavidyalaya
 Nawegaon/Bandh

Sr. No.	Name of Teachers	class	sig
1	Prashant K. Shahale	B.Sc II nd	<i>Prashant</i>
2	Tirpuati meshram	B.Sc-III rd	<i>K. Meshram</i>



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Email ID: Rukhama.nawegaon@gmail.com

Syllabus
workshop On Repairing of Home Appliances and Prolonging Lifespan

Duration: 30 hours

Objective:

The workshop aims to equip participants with the knowledge and skills necessary to repair common home appliances and implement practices that can extend their lifespan. Participants will gain practical experience in troubleshooting, repairing, and maintaining various household appliances, enabling them to save money, reduce waste, and contribute to sustainable living.

Session 1: Introduction to Home Appliance Repair (3 hours)

- Overview of the workshop objectives, structure, and expectations
- Importance of home appliance repair for sustainability
- Introduction to basic tools and safety precautions

Session 2: Understanding Common Household Appliances (3 hours)

- Overview of different types of home appliances
- Identifying common issues in appliances
- Introduction to electrical circuits and components

Session 3: Troubleshooting Techniques (4 hours)

- Step-by-step approach to troubleshooting appliances
- Identifying faulty components through visual inspection
- Using multimeters for electrical testing

Session 4: Repairing Small Kitchen Appliances (4 hours)

- Hands-on practice with repairing small kitchen appliances like blenders, toasters, or coffee makers
- Replacing faulty parts or components
- Cleaning and maintenance tips for optimal performance

Session 5: Repairing Major Home Appliances (4 hours)

- Hands-on practice with repairing major home appliances like refrigerators or washing machines
- Understanding common issues specific to each appliance type
- Replacing motors, compressors, belts, or other critical components

Session 6: Preventive Maintenance Techniques (3 hours)

- Importance of preventive maintenance for extending appliance lifespan
- Cleaning techniques for different appliances
- Regular maintenance schedules and checklists

Session 7: Energy Efficiency Tips (3 hours)

- Strategies for reducing energy consumption and increasing appliance efficiency
- Understanding energy labels and ratings
- Practical tips for optimizing appliance usage

Session 8: Recycling and Responsible Disposal (3 hours)

- Introduction to e-waste management and recycling
- Proper disposal methods for appliances at the end of their lifespan
- Encouraging sustainable practices in the community

Session 9: Final Project and Assessment (3 hours)

- Participants will work on a repair project under supervision
- Assessment of participants' understanding and skills acquired during the workshop.



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Faculty of Home Science
Department of Physics
Session: 2018-19
Semester: III

Student Attendance Sheet

03/09/2018

Workshop

Name of Activity: Repairing of home appliances.

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
1	Pramila Vishwanath Naik	P	P	P	P	A	P
2	Pragati Anuniao gedam	P	P	P	P	P	P
3	vidya R. Nekar	P	P	P	P	P	P
4	Gitabai maduti Gahane	P	A	P	P	P	P
5	Bharti Jayant Barsagade	P	P	P	P	P	P
6	Monika Giridharsi Hatware	P	P	A	P	P	P
7	Shilpa Atmaram Kulkarni	P	P	P	P	P	P
8	Haresh Khoslam Kurgate	P	P	A	P	P	P
9	Dayawati purushottam pandhare	P	P	P	P	A	P
10	Romil Ditykumar shahare	P	P	P	P	P	P
11	Chhaya R. Bhoje	P	P	P	P	P	P
12	Chhabu Kedar Gahane	P	P	A	P	P	P
13	Sandhya R. Ramteke	P	P	P	P	P	P
14	Pratima Shankar Thakare	P	P	P	A	P	P
15	Sujeeta hetam Gahane	P	P	P	P	P	P
16	Nisha Yadav Meshram	P	P	P	P	P	P
17	Vijaya gauri sicut	P	P	A	P	P	P
18	Sunita Payal Prakash Sapal	P	P	P	P	P	P
19	Ashwini N. Walthare	P	P	P	P	P	P

Bahare

Name of Faculty

Prashant sohare

Amish

Head of the Deptt

Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

Sajimale
Jr. Principal

RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor. Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science

Session 2018-19

Semester: III

Date: 9th Sep 2018

Report on Repairing of Home Appliances

1. Event Title	:	Repairing of Home Appliances
2. Event Date	:	3 rd to 8 th Sept.
3. Event Duration	:	30 hours
4. Event Venue	:	Rukhama Mahila Mahavidyalaya, Nawegaon Bandh
5. Event Resource Person	:	Mr. Pravin Doye
6. Event Coordinator	:	Mr. Prashant Sahare
7. Number of participants	:	19
8. Objective	:	<p>The workshop aims to equip participants with the knowledge and skills necessary to repair common home appliances and implement practices that can extend their lifespan.</p> <p>Participants will gain practical experience in troubleshooting, repairing, and maintaining various household appliances, enabling them to save money, reduce waste, and contribute to sustainable living.</p>
9. Outcome1	:	<p>1. Observe & practice safety pre-cautions</p> <p>2. Identify & use all hand tools.</p> <p>3. Attending to minor faults in machines, their controls & appliances.</p> <p>4. Plan and organize the work related to the occupation.</p>


Off. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Website: www.rukhamamahilamv.com Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science

Session 2018-19

Semester: III

Photograph of the Program



Students learning to repair appliances



Mr. Pravin Doye addressing the students

B. Paul
Offl. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

This is to certify that Miss. *Harsha K. Kargate*..... student of

B.Sc Home science *2nd*.... year has successfully completed 30 hours (*3rd to 8th September 2018*)

Certificate Course entitled “*Repairing of Home Appliances*”.

We wish her good luck for the future endeavors.

Harsha K. Kargate
HoD

Department of Home Science

Saima
Principal

Rukhama Mahila Mahavidyalaya N/B

सुचना

दि. 30/11/2019

महाविद्यालयातील सर्व विद्यार्थिनीना तसेच शिक्षक आणि शिक्षकेतर कर्मचारी यांना सुचित करण्यात येत आहे की दिनांक - 02/07/2019 ते 07/07/2019 पर्यंत महाविद्यालयामध्ये (LKR) विंग बदल वर्कशाप घेण्याचे ठरविलेले आहे. तरी आपली सर्वांगी उपस्थिती प्रार्थनीय आहे.

[Signature]

Women cell
incharge

[Signature]

Head of the Deptt
Dukhama Mahila Manavidyalaya
Nawegaon/Randh

Sr. No	Name of Teacher	Class	Sig.
1	Meena Raut	I st yr	<i>[Signature]</i>
2	Ashadvi Gupta	II nd	<i>[Signature]</i>
3	Nita Jaishwal	III rd yr	<i>[Signature]</i>



Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
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Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Syllabus for workshop On Cake Making and Decorations.

Course Duration: 30 hours

Course Description:

This workshop is designed to provide participants with comprehensive knowledge and practical skills in cake making and decorations. Participants will learn various techniques and methods for creating delicious cakes and enhancing their visual appeal through decorative elements. The workshop will cover both theoretical concepts and hands-on practice, ensuring that participants gain a solid foundation in cake making and decorations.

Course Objectives:

1. To understand the basic principles of cake making, including ingredients, measurements, and baking techniques.
2. To learn various cake decorating techniques, such as icing, piping, fondant modeling, and sugarcraft.
3. To explore different types of cakes, fillings, frostings, and glazes.
4. To develop creativity in designing and decorating cakes for different occasions.
5. To acquire knowledge on food safety practices related to cake making.

Course Outline:

Session 1: Introduction to Cake Making (5 hours)

- 1.1 Overview of the workshop
- 1.2 Introduction to basic ingredients and their functions
- 1.3 Understanding measurements and conversions
- 1.4 Baking techniques for different types of cakes

Session 2: Cake Decorating Techniques (4 hours)

- 2.1 Introduction to different types of icings
- 2.2 Piping techniques for borders, flowers, and writing
- 2.3 Introduction to fondant modeling
- 2.4 Basic sugarcraft skills

Session 3: Types of Cakes (4 hours)

- 3.1 Exploring various types of cakes (e.g., sponge cakes, chiffon cakes)
- 3.2 Understanding different fillings, frostings, and glazes
- 3.3 Hands-on practice in baking a selected type of cake

Session 4: Advanced Cake Decorations (5 hours)

- 4.1 Advanced piping techniques for intricate designs
- 4.2 Fondant covering and sculpting
- 4.3 Creating edible decorations using molds
- 4.4 Designing themed cakes

Session 5: Special Occasion Cakes (4 hours)

- 5.1 Designing wedding cakes
- 5.2 Creating birthday cakes with personalized themes
- 5.3 Techniques for creating celebration cakes

Session 6: Food Safety Practices (4 hours)

- 6.1. Importance of hygiene in cake making process
- 6.2. Safe handling of ingredients
- 6.3. Storage guidelines for finished products

Session 7: Practical Application (4 hours)

- 7.1. Participants will have the opportunity to apply the knowledge gained throughout the workshop by working on
- 7.2. individual or group projects under the guidance of instructors.



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Faculty of Home Science

Department of Nutrition

Session: 2019-20

Semester: I, III & V

Student Attendance Sheet

02/09/2019

Workshop

Name of Activity: cake fair for students.

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
1.	Gitabai M. Gahane	P	P	P	P	P	P
2.	Chhabu K. Gahane	P	P	P	P	P	P
3.	Monika G. Matwar	P	P	P	P	P	P
4.	Komal D. Shahane	P	P	P	P	P	P
5.	Haesha K. Kargate	P	A	P	P	A	P
6.	Khemlata M. Mandave	P	P	P	A	P	P
7.	Harsha P. Doye	P	P	A	P	P	P
8.	Kiran V. Malkam	P	P	P	P	P	P
9.	Pallavi K. Maske	P	P	P	P	A	P
10.	Priti M. Maske	P	P	P	P	P	P
11.	Rohini Umendra Kosarkare	P	P	A	P	P	P
12.	Puja Doye	P	P	P	P	P	P
13.	Achal Meshram	P	P	P	P	P	P
14.	Ravina D. Meshram	P	P	P	P	P	P
15.	Priyanka Vikey	P	P	P	P	P	P
16.	Achal Mankar	P	A	P	A	P	P
17.	Kaishma M. Kamble	P	P	A	P	P	A
18.	Sevati D. Gondhale	P	P	P	P	P	P
19.	Chitra M. Kose	P	P	P	P	P	P
20.	Puram H. Mankar	P	P	P	P	P	P
21.	Vanita D. Dayare	P	P	P	P	P	P
22.	Tejashri Tarone	P	A	P	P	P	P

Saimdale
Off. Principal
RUKHAMA MAHILAMV
N/Bandh, Ja. A/Mor Di. Gondia

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
23.	Vaishnavi B. lanjewar	P	P	P	P	P	P
24.	Dhacti C. Yeene	P	P	A	P	P	P
25.	Vidha B. Kharewade	P	P	P	P	P	P
26.	Anita S. Lathre	P	P	P	P	A	P
27.	Ashwina D. Funne	P	P	P	P	P	P
28.	Shreshana B. Neware	P	P	P	P	P	P
29.	Kumari D. Vikey	P	P	P	A	P	P
30.	Somita W. Bhojale	P	P	P	P	A	P
31.	Damini S. Kodwale	P	P	P	A	P	P
32.	Durga N. Kohule	P	P	P	P	P	P
33.	Manika K. Mandal.	P	P	P	P	P	P
34.	Sneha D. Sakhaze	P	P	P	P	P	A
35.	Pallavi H. Bangare	P	P	P	P	P	P
32	K						

Meena R. Rauf
Name of Faculty

Meena R. Rauf

Zinath

Head of the Deptt
Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Samriddha
Principal

RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Department of Home Science

Session 2019-20

Semester: I, III, V

Date: 8th July 2019

Report on Workshop on cake fair

1. Event Title	:	Workshop on Cake Fair
2. Event Date	:	2 nd – 7 th July.
3. Event Duration	:	30 hours
4. Event Venue	:	Rukhama Mahila Mahavidyalaya, Nawegaon bandh
5. Event Resource Person	:	Archana pawar, Rashmi pawar
6. Event Coordinator	:	Meena Raut
7. Number of participants	:	35
8. Objective	:	<ol style="list-style-type: none">1. To understand the basic principles of cake making, including ingredients, measurements, and baking techniques.2. To learn various cake decorating techniques, such as icing, piping, fondant modeling, and sugarcraft.3. To explore different types of cakes, fillings, frostings, and glazes.4. To develop creativity in designing and decorating cakes for different occasions.5. To acquire knowledge on food safety practices related to cake making.
9. Outcome	:	Students will be able to learn different types of cakes.


Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, ra. A/Mor. Di. Gondia



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Department of Home Science

Session 2019-20

Semester: I, III, V

Photograph of the Event



Student learning cake making process



Students participation in cake fair workshop

B. D. Singh
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur

This is to certify that Miss. *Poiti...M...Maske*.....

student of B.Sc Home science .*2nd*... year has successfully completed 30 hours (*2nd* to *7th*

July 2019) workshop on “**Workshop On Cake Fair**”.

We wish her good luck for the future endeavors.

HoD

Department of Home Science

Principal

Rukhama Mahila Mahavidyalaya N/B

सुचना

दि. 03/04/2021

महाविद्यालयालील वी.रुस्सी होमसायन्स
द्वितीय वर्षालील व तृतीय वर्षालील तसेच शिक्षक
शिक्षकेतर कर्मचारी यांना सुचित करण्यात येत
आहे की दिनांक - 05/04/2021 ते 10/04/2021
पर्यंत महाविद्यालयामध्ये vermicompost पाद
vermicompost बद्दल वर्कशाप ये आयोजन
करण्याचे ठरविले आहे. तरी आपली सर्वांशी
उपाखेती प्रार्थना आहे.

Amal

Head of the Deptt
Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Sl. No	Name of Teachers	class	sig
1	X Komal sahare	B.Sc - II nd	<i>Sahare</i>
2	M. B. Pawar	B.Sc. III rd	<i>Pawar</i>



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Syllabus for workshop On Vermicompost and Vermiculture

Duration: 30 hours

Course Description:

This workshop aims to provide participants with a comprehensive understanding of vermicomposting and vermiculture techniques. Participants will learn the principles, benefits, and practical applications of vermicomposting, as well as the basics of vermiculture. Through hands-on activities and theoretical sessions, participants will gain the necessary knowledge and skills to implement vermicomposting practices effectively.

Course Objectives:

1. To introduce participants to the concept of vermicomposting and its significance in sustainable waste management.
2. To familiarize participants with various types of worms used in vermiculture.
3. To provide practical guidance on setting up a vermicomposting system.
4. To educate participants about the benefits of using vermicompost in gardening and agriculture.
5. To promote environmental awareness and encourage sustainable practices among participants.

Course Outline:

Session 1: Introduction to Vermicomposting (3 hours)

Definition and importance of vermicomposting
Benefits of vermicompost over traditional composting methods
Role of worms in the decomposition process

Session 2: Types of Worms Used in Vermiculture (3 hours)

Identification and characteristics of commonly used worms (e.g., red wigglers)
Understanding their feeding habits and preferences
Sourcing worms for vermiculture projects

Session 3: Setting Up a Vermicomposting System (4 hours)

Choosing an appropriate container for vermiculture
Creating a suitable bedding material for worms
Maintaining optimal moisture levels in the composting system
Managing temperature, pH levels, and oxygen supply

Session 4: Feeding Worms (4 hours)

Identifying suitable organic waste materials for worm consumption
Balancing carbon-to-nitrogen ratios in the vermicomposting system
Avoiding harmful substances and potential issues

Session 5: Harvesting and Using Vermicompost (4 hours)

Techniques for separating worms from vermicompost

Storing and curing vermicompost

Utilizing vermicompost in gardening, agriculture, and household plants

Session 6: Troubleshooting and Maintenance (4 hours)

Identifying common problems in vermicomposting systems

Preventing odor, pests, and other challenges

Regular maintenance practices for a healthy vermiculture setup

Session 7: Vermiculture Applications (4 hours)

Vermiculture in urban settings: balcony gardens, community projects, etc.

Large-scale vermiculture for agricultural purposes

Vermicomposting as a business opportunity

Session 8: Field Visit and Practical Demonstration (4 hours)

Visit to a local vermicomposting facility or garden using vermiculture techniques

Hands-on demonstration of setting up a small-scale vermiculture system



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Faculty of Home Science
Department of Life Science

Session: 2020-21

Semester: IV, VI

Student Attendance Sheet
Workshop

05/04/2021

Name of Activity: workshop on vermiculture and
vermicomposting.

Sr. No.	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
1	Achal S. Mankar	P	P	P	P	A	P
2	Ashvini K. Walde	P	P	A	P	P	P
3	Ashwina D. Funne	P	P	P	P	A	P
4	Bhagyashri C. Sayam	P	P	P	P	P	P
5	Darshana B. Neware	P	P	A	P	P	P
6	Dikshatai R. Tulavi	P	P	P	A	P	P
7	Durga N. Kohole	P	P	P	P	P	P
8	Kajal P. Male	P	A	P	P	P	P
9	Karishma M. Kamble	P	P	P	P	P	P
10	Kumabi D. Ulkey	P	P	P	P	P	P
11	Pallavi H. Bangare	P	A	P	A	P	P
12	Pratima B. Dhawale	P	P	P	P	P	P
13	Prayanka H. Ulkey	P	P	P	P	P	P
14	Purnam H. Mankar	P	P	P	P	P	P
15	Sneha P. Bakhare	P	P	P	P	P	P
16	Snehalata N. Neware	P	A	P	A	P	P
17	Kiran V. Malkam	P	P	A	P	P	P
18	Rina A. BRAMHAKAR	P	P	P	P	P	P
19	Dipali H. KARANDHE	P	P	P	P	P	P
20	PRITI M. MASKE	P	P	P	P	P	P
21	Nikita M. Kargate	P	P	P	P	P	P
22	Pallavi K. maske	P	P	P	P	P	P

Behare
Akshay Behare

Amesh
Head of the Deptt
Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

Seemla
Om. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor. DI. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Department of Home Science

Session 2020-21

Semester: IV, VI

Date: 11th April 2021

Report on Workshop on Vermiculture and vermicompost

1. Event Title	:	Workshop on Vermiculture and vermicompost
2. Event Date	:	5th -10th April
3. Event Duration	:	30 hours
4. Event Venue	:	Rukhama Mahila Mahavidyalaya
5. Event Resource Person	:	Dr. R.F. Raut
6. Event Coordinator	:	Mr. Akshay Behare
7. Number of participants	:	22
8. Objective	:	<ol style="list-style-type: none">1. To familiarize participants with various types of worms used in vermiculture.2. To provide practical guidance on setting up a vermicomposting system.3. To educate participants about the benefits of using vermicompost in gardening and agriculture.4. To promote environmental awareness and encourage sustainable practices among participants.
9. Outcome	:	Participants got introduced to the concept of vermicomposting and its significance in sustainable waste management.


Offi. Principal
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N/Bandh, 1a. A/Mor Di. Gondia



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Department of Home Science

Session 2020-21

Semester: IV, VI

Photograph of the Event



Students participation in vermicompost workshop

B. Prasad
Offi. Principal
RUKHAMA MAHILAMV
N/Bandh, Ia. A/Mor. Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

This is to certify that Miss. ...*Kiran V. Malkam*..... student of B.Sc Home science *3rd* year has successfully completed 30 hours (*5th to 10th April 2021*) Certificate Course on "Vermicomposting & Vermiculture".

We wish her good luck for the future endeavors.

Kiran V. Malkam
HoD

Department of Home Science

Sajmaale
Principal

Rukhama Mahila Mahavidyalaya N/B

सुचना

दि. 19/10/2021

महाविद्यालयीय सर्व प्रवेशित विद्यार्थीनीना तसेच शिक्षक आणि शिक्षकेतर कर्मचारी यांना बुधित करण्यात येत आहे की दिनांक - 20/10/2021 ते 28/10/2021 पर्यंत महाविद्यालयामध्ये Fashion Designingचे sponsored by Usha Shilpi Machine बंद होत आहे. तरी सर्वांनी महाविद्यालयामध्ये उपस्थित राहणे.

Rukhama

Head of the Deptt

Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Sl. No.	Name of Teacher	class	Signature
1.	M. B. Raut	B.Sc. I st	<i>[Signature]</i>
2.	Komal Sahare	B.Sc - 2 nd	<i>[Signature]</i>
3.	Ashadevi Gupta	B.Sc - 3 rd	<i>[Signature]</i>



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Email ID: Rukhama.nawegaon@gmail.com

Syllabus for
workshop On Fashion Designing sponsored by usha shilai machine

Course Title: Duration: 30 hours

Course Description:

This workshop is designed to introduce students to the fundamentals of fashion designing. It will cover various aspects of fashion designing such as understanding body types, color theory, fabric selection, pattern making, and garment construction. Students will also learn about the history of fashion and current trends in the industry. The workshop will include both theoretical and practical sessions to provide students with a comprehensive understanding of fashion designing.

Learning Objectives:

- To understand the basics of fashion designing
- To learn about different body types and how to dress them
- To gain knowledge about color theory and its application in fashion
- To develop skills in fabric selection and pattern making
- To learn garment construction techniques
- To explore the history of fashion and its impact on current trends

Course Outline:

Day 1: Introduction to Fashion Designing (2 hours)

- Definition of fashion designing
- Importance of fashion in society
- Career opportunities in the field of fashion designing

Understanding Body Types (2 hours)

- Different body types and their characteristics
- How to dress different body types
- Practical exercise: Dressing mannequins according to different body types

Day 2: Color Theory (3 hours)

- Basics of color theory
- Color schemes and their application in fashion
- Practical exercise: Creating a color scheme for a collection

Fabric Selection (3 hours)

- Types of fabrics used in fashion designing
- Factors to consider when selecting fabrics
- Practical exercise: Identifying different fabrics

Day 3: Pattern Making (4 hours)

- Introduction to pattern making
- Basic pattern making techniques
- Practical exercise: Creating a basic bodice pattern

Garment Construction (4 hours)

- Techniques for cutting, stitching, and finishing garments
- Practical exercise: Stitching a simple garment

Day 4: History of Fashion (3 hours)

- Evolution of fashion through different eras
- Influential designers and their contributions
- Impact of historical fashion on current trends

Current Fashion Trends (3 hours)

- Latest trends in the fashion industry
- How to stay updated with changing trends
- Practical exercise: Creating a mood board for a trend

Day 5: Final Project (6 hours)

- Students will work on a final project where they will apply all the skills and knowledge gained during the workshop
- Presentations and feedback session



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Faculty of Home Science

Department of Textile

Session: 2021-22

Semester: I, III, V

Student Attendance Sheet

20/10/2021

Workshop

Name of Activity: fashion designing sponsored by usha
shitei machine

Sr. No	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6	Day-7	Day-8
1	Chhaya S. Meshram	P	P	P	P	P	A	P	P
2	Shareque A. Absalam	P	P	P	P	P	P	P	P
3	Sanjana D. Deshmukh	P	P	P	P	P	P	P	P
4	Babida. G. Sambhule	P	P	P	P	A	P	P	P
5	Deepal T. Hozhule	P	P	P	P	P	P	P	P
6	Durga Sunil Zingase	P	P	P	P	P	P	P	P
7	Shashina M. Karble	P	P	P	P	P	P	P	P
8	Sapna Y. Gote.	P	P	P	P	A	P	P	P
9	Pritya N. Chaube	P	P	P	P	P	P	P	P
10	Durga Jayendra Wikey	P	P	P	P	P	P	P	P
11	Dimpal D. Raut	P	P	P	P	P	P	P	P
12	Vaishya G. Zalke	P	P	P	P	P	P	P	P
13	Joshana D. Lade	P	P	P	P	P	P	P	P
14	Kajal M. Borghade	P	A	P	P	P	P	P	P
15	Karishma G. Meshram	P	P	P	P	P	P	P	P
16	Neha dharmath manker	P	P	P	P	P	P	P	P
17	Manisha W. Raut	P	P	P	P	P	P	P	P
18	Padma pandharaj Karble	P	P	P	P	P	P	P	P
19	Geeta R. Mooneshwar	P	P	P	P	P	P	P	P
20	SNEHA R. MESHARAM	P	P	P	A	P	P	P	P
21	Omита M. Hatzade	P	P	P	P	P	P	P	P
22	Arati S. Madevi	P	P	P	P	P	P	P	P
23	Rohini G. Mendhe	P	P	A	P	P	P	P	P

Omimale
Jm. Principal

Sr. No	Participant Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6	Day-7	Day-8
24	Gneeta M. Chughuskar	P	P	P	P	P	P	P	P
25	Bhmeshwaris. Naitam	P	P	P	P	P	P	P	P
26	Shubhangi L. Dongarwar	P	P	P	P	P	P	P	P
27	Nirmala. P. Borghate	P	P	P	P	A	P	P	P
28	Pallavi S. Walke.	P	P	P	P	P	P	P	P
29	Ravind D. Sakharde	P	P	P	P	P	P	P	P
30	Mohini A. Masai	P	P	P	P	P	P	P	P
31	Dipali A. Waghmare	P	P	P	P	P	P	P	P
32	Anjana N. Padoti	P	P	P	P	P	P	P	P
33	Timeshwari P. Galbra	P	P	P	P	A	P	P	P
34	Darshana B. Neware.	P	P	P	P	P	P	A	P
35	Vaishnavi N. Pawar	P	P	P	P	P	A	A	P
36	Amitei R. Gherpet	P	P	P	P	P	P	P	P
37	Babita. G. Jambhale	P	P	P	P	P	P	P	P
38	Nirmala P. Boshare	P	A	A	P	P	P	P	P
39	Urwashi T. Naitam	P	P	P	P	P	P	P	P
40	Darshini N. Kumbharae	P	A	P	A	P	P	P	P
41	Shubhangi J. Meshram	P	P	P	P	P	P	P	P
42	Nikita M. Ghutke	P	P	P	P	P	P	P	P
43	Savita A. Jugnahake	P	P	P	P	P	P	P	P
44	mehti J. Koram	P	P	P	P	P	P	P	P
45	Urwashi. T. Naitam	P	P	P	P	P	P	P	P
46	Kazuna H. wadgaye	P	P	P	P	P	P	P	P
47	Vidya G. Zode	P	P	P	P	P	P	P	P
48	Kavita H. Wadgaye	A	P	A	P	P	P	P	P
49	Homeshwari U. Manelle	A	P	P	P	P	P	P	P
50	Praya H. Suryanwashi	A	P	A	P	P	P	P	P

Shahare

Name of Faculty

Komal. P. Shahare

Amesh

Head of the Deptt

Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Saimada

Off. Principal

Principal
RUKHAMA MAHILAMV

N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session 2021-22

Semester: I, III, V

Date: 29th Oct 2021

Report on Workshop on Fashion designing sponsored by Usha Shilai Machine

1. Event Title	:	Workshop on fashion designing sponsored by Usha Shilai Machine
2. Event Date	:	20 th -28 th October
3. Event Duration	:	30 hours
4. Event Venue	:	Jayvanti Enterprises, Siregaon bandh
5. Event Resource Person	:	Mrs. Rachana Gahane
6. Event Coordinator	:	Ms. Komal Sahare
7. Number of participants	:	50
8. Objective	:	<ul style="list-style-type: none">- To understand the basics of fashion designing- To learn about different body types and how to dress them- To gain knowledge about color theory and its application in fashion- To develop skills in fabric selection and pattern making- To learn garment construction techniques- To explore the history of fashion and its impact on current trends
9. Outcome	:	Participants were able to learn the basics of fashion designing and its application and new trends.


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Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

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Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session 2021-22

Semester: I, III, V

Photograph of the Event



Mrs. Rachana Gahane addressing students about the fashion designing



Mrs. Rachana Gahane, RMM College staff and Students participation

Baant
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Gondia



Kamalgovind United Welfare Society Nawegaon Bandh

RUKHAMA MAHILA MAHAVIDYALAYA

NAWEGAON BANDH, Tah- ARJUNI/MOR, DIST- GONDIA 441702

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

This is to certify that Miss.*Neha D. Mankar*..... student of B.Sc

Home science *2nd* year has successfully completed 30 hours (20th to 28th Oct. 2021)

Certificate Course on “ **Fashion designing sponsored by Usha shilai machine** ”.

We wish her good luck for the future endeavors.

Rameshram

HoD

Department of Home Science

Saimale
Principal

Rukhama Mahila Mahavidyalaya N/B



Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh
Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Security Officer:



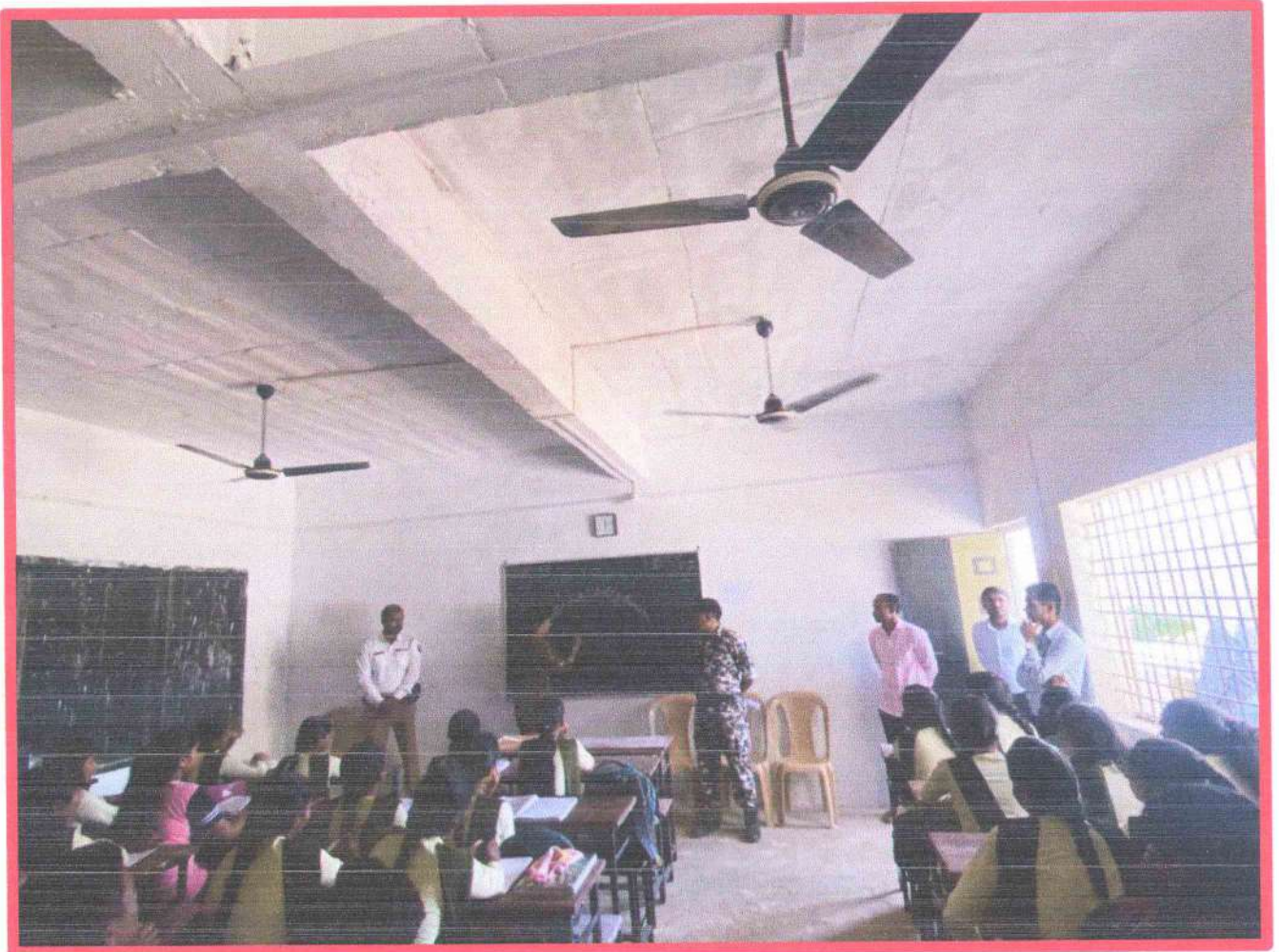
Bewal
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Gondia

CCTV Camerass:



Offi. *Principal*
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di, Gondia

Emergency Number and Important Administrative Numbers:



Principals
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science

Session: 2022-23

Date: 24/06/2022

Notice

Anti Ragging Cell

All the staff members and students of the college are hereby informed that an **Anti-ragging Cell** has been formed so that any incidence occurring in and around campus which may directly or indirectly amount to ragging may be immediately brought to notice of the member of the committee so that appropriate action can be initiated against the guilty without delay.

Committee Members:

Sr. No	Name of the Member	Designation	Mobile No.	Email ID
1	Ms. Nagama Sakhare	Asst. Professor	9168331198	nagamasakhare3@gmail.com
2	Ms. Komal Shahare	Asst. Professor	9146628825	komalshahare23@gmail.com
3	Ms. Chhabu Gahane	Asst. Professor	7499479675	swetagahane156@gmail.com

Copy to:

1. HOD
2. All committee members
3. Staff Member
4. Students
5. Notice Board


Principal
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor. Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23

Date: 29-05-2022

Notice

Teacher Guardian

All the staff members and students of the college are hereby informed that a **Teacher Guardian Committee** has been formed for the guidance on academic matters, Career choices, personal development and overall wellbeing.

Committee Members:

Sr. No	Name of the Member	Designation	Email ID
1	Mr. Prashant Sahare	Asst. Professor	pshahare09@gmail.com
2	Ms. Nagama Sakhare	Asst. Professor	nagmasakhare3@gmail.com
3	Ms. Nalini Gaikwad	Asst. Professor	nalinigaikwad58@gmail.com

Copy to:

1. HOD **James Bram**
Head of the Deptt
2. All committee members
Rukhama Mahila Mahavidyalaya
3. Staff Members
Nawegaon/Bandh
4. Students
5. Notice Board

Sajmode
Offl Principal
RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di. Gondia



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23

Date: 29-05-2022

Notice

Teacher Guardian

All the staff members and students of the college are hereby informed that as per the decision taken by Teacher Guardian Committee. All the Fulltime teachers be allotted following students for teacher guardian program for the guidance on academic matters, Career choices, personal development and overall wellbeing.

Committee Members:

Sr. No	Name of Students	Class	Teacher Guardian Name	Signature
1	AARTI K. YERNE	1 st year	Ms. Rajani Tembhone	A. Yerne
2	AKANKSHA W. KOVE	1 st year		A. Kove
3	ALKA N. GHUGHUSAKAR	1 st year		AN Ghughusakar
4	AARTI K. RAUT	1 st year		A. Raut
5	ASHA K. FULKUWAR	1 st year		ASHA. K. F
6	ASHA R. LADE	1 st year		A. R. Lade
7	ASHWINI C. WALDE	1 st year		A. Walde
8	ASWINA Y. TARAM	3 rd year		A. Y. Taram
9	DURGA SUNIL ZINGARE	3 rd year		Durga..
10	KAJAL MOHANLAL BORGHARE	1 st year		Kajal. B
11	BHIMATAI H. MESHARAM	1 st year		B. H. Mesharam
12	BHUMESHAWARI N. KATRE	1 st year		B. Katre
13	DHANSHRI M. KODAPE	1 st year		D. M. Kodape

J. Mesharam

Head of the Deptt
Rukhama Mahila Mahavidyalaya
Nawegaon/Bandh

R. Tembhone

Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ra. A/Mor Di. Gondia

14	DILESHVARI R. PARSHURAMKAR	1 st year	Ms. Chhabu Gahane	dileshvaree.	
15	DIPALI V. DUMBHARE	1 st year		D.V Dubhare	
16	DISHA S. ANDE	1 st year		Disha.	
17	DIVYA R. TEMBHURNE	1 st year		Divya	
18	DNYANESHWARI L. HATWAR	1 st year		Dhyaneshwari	
19	NEHA DHARMNATH MANKAR	3 rd year		Neha.	
20	TINESHWARI PUSHPRAJ GAUTAM	3 rd year	Ms. Priya Palekar	T. G. Gautam	
21	DNYANESHWARI S. KAPGATE	1 st year		D. Kapgate	
22	DWARKA U. UKE	1 st year		Dwarka.	
23	GANGA G. NAGARGOJE	1 st year		Ganga	
24	GEETABAI D. BHENDARKAR	1 st year		Geetabai	
25	HARSHILA D. KUMBHARE	1 st year		H.D. kumbhare	
26	HEENA T. RAUT	1 st year		H.T. Raut	
27	HEMLATA H. NEITAM	1 st year		Hemlata	
28	HOMINDRA P. SHENDE	1 st year		H.P. Shende	
29	PRAMILA VISHWANATH NAIK	3 rd year		P. Naik	
30	KALYANI C. LANJE	1 st year		Ms. Komal Sahare	Kalyani C. Lanje
31	JAYSHRI P. MESHRAM	1 st year			J.P. Meshram
32	JIJABAI R. KORETI	1 st year			JiJabai.
33	JYOTI K. BHARADE	1 st year			Jyoti
34	JYOTI P. MADHYEKAR	1 st year	Jyoti.		
35	KAJAL A. AGRAWAL	1 st year	Kajal A. Agrawal		
36	KAJAL G. MESHRAM	1 st year	K.G. Meshram		
37	KAJAL K. THAKARE	1 st year	Kajal.		
38	KAJAL R. PARVATE	1 st year	K.R. Parvate		
39	KAMAKSHI G. UIKEY	1 st year	K.G. Ukey		
40	ANKITA ANGRAJ KUMBHARE	2 nd year	A. kumbhare		
41	AMITA RAJU GHARAT	2 nd year	A.R. Gharat		

J. Meshram

Head of the Deptt

Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

S. J. Mahale

Offi. Principal

RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor Di. Govt.

42	AB SALAAM SHAREQUA ANJAUM	2 nd year	Ms. Meena Raut	Anjaum
43	BHUMESHWARI SAKHARAM NAITAM	2 nd year		Bneitem.
44	GEETA MARKAND GHUGHUSAKAR	2 nd year		geeta
45	DIKSHA LAXAM GOTEFODE	2 nd year		D.g
46	DIMPAL DHANANJAY RAUT	2 nd year		D.Raut
47	CHHAYA SONIRAM MESHRAM	2 nd year		chhaya
48	BABITA GAJANAN JAMBHULE	2 nd year		Beeimbhule
49	KAJAL S. PADOTI	1 st year		Ms. Santoshi Katare
50	LALEETA R. PUSAME	1 st year	LALEETA.	
51	LATA N. KACHALAME	1 st year	L.N.Kachalame.	
52	MANISHA M. MARASKOLHE	1 st year	Manisha.	
53	MANJU D. TAWADE	1 st year	M.D.Tawade	
54	NAGESHWARI M. SAMRIT	1 st year	NAGESHWARI	
55	NEHA D. MADAVI	1 st year	Neha.	
56	NIKITA H. BAWANKAR	1 st year	NHWAIKE	
57	NIKITA H. WALKE	1 st year	Nikita	
58	KHUSHIYA J. RAUT	1 st year	K.J.raut	
59	KHEMBAI B. MIRI	1 st year	Ms. Nalini Gaikwad	Khembaib.
60	NIKITA M. MARASKOLHE	1 st year		N.M.maraskolhe.
61	NIKITA S. TEMBHURNE	1 st year		Nikita
62	NUTAN N. KORETI	1 st year		N.N.KORETI
63	PALLAVI D. SAKHARE	1 st year		P.D.sakhare
64	PALLAVI T. RAUT	1 st year		Pallavi Raut.
65	PAYAL D. GABHANE	1 st year		Payal.
66	PRABHATI B. SHIL	1 st year		P.Shil.
67	PRAJKTA S. KAPGATE	1 st year		P.Kgate
68	KAMINI B. KARHADE	1 st year	Karshade	

Jmeshran

Head of the Deptt

Rukhama Mahila Manavidyalaya
Nawangan/Randh

Sojimale

Offi. Principal

RUKHAMA MAHILA MV
N/Bandh, 1a. A/Mor. Di. Gondia

69	KESHAR H. WAKHARE	1 st year	Mr. Akshay Behare	<u>Keshar.</u>
70	PRANJALI J. MESHRAM	1 st year		<u>Pranjali</u>
71	PRATI KSHA A. NEWARE	1 st year		<u>pratiksha</u>
72	PRATI KSHA N. SHENDE	1 st year		<u>P. shende</u>
73	PRITI D. SHENDE	1 st year		<u>P.D. Shende</u>
74	PRITI W. BOLANKAR	1 st year		<u>P. Bolankar</u>
75	PRIYA A. GODELE	1 st year		<u>P. Priya.</u>
76	PRIYANKA D. MADAVI	1 st year		<u>P. Madavi</u>
77	PRIYANKA M. DUMBARE	1 st year		<u>P.P. Dumbare</u>
78	KARISHMA GAJANAN MESHRAM	2 nd year		<u>Karishma.</u>
79	MANISHA WAMAN RAUT	2 nd year		<u>M. Raut.</u>
80	PRIYANKA P. KORAM	1 st year		<u>P.P. Koram</u>
81	PUJA C. CHAVHARE	1 st year		<u>Puja Chavhare</u>
82	PUJA J. CHANAP	1 st year		<u>Puja</u>
83	PUJA S. KAPGATE	1 st year	<u>Puja.</u>	
84	RAGINA B. KUMBHARE	1 st year	<u>Ragina.</u>	
85	RAGINI A. HARKANDE	1 st year	<u>Ragini</u>	
86	RAJANI L. MUNGULMARE	1 st year	<u>Rajani</u>	
87	RASHIKA K. KAWADKAR	1 st year	<u>Rashika</u>	
88	NIKITA MAHESH GHUTKE	2 nd year	<u>N. Ghutke.</u>	
89	NIRMALA PREMLAL BORHARE	2 nd year	<u>N.B.</u>	
90	RAVINA M. BADOLE	1 st year	<u>Radole.</u>	
91	REENA M. MAUJE	1 st year	<u>R. mauje.</u>	
92	RINA M. KUMBHARE	1 st year	<u>R.M. Kumbhare.</u>	
93	RUCHIKA P. PURAM	1 st year	<u>puram.</u>	
94	SANDHYA N. KOKODE	1 st year	<u>Sandhya</u>	
95	SAVITA N. LASUNTE	1 st year	<u>S.N. Lasunte</u>	
96	SHARDA T. NAGARIKAR	1 st year	<u>Sharda.</u>	
			Ms. Ashadevi Gupta	
			Ms. Nita Jaiswal	

J. Meshram

Head of the Deptt
Rukhama Mahila Manavidyalaya
Nawangan/Bandh

S. Jaiswal

Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ja. A/Mor Di. Gondis

97	SHITAL A. MADAVI	1 st year		Shital	
98	OMITA MANOHAR HATZADE	2 nd year		Om	
99	SHUBHANGI JAYENDRA MESHARAM	2 nd year		S.m.	
100	SHITAL M. GEDAM	1 st year	Ms. Nagama Sakhare	S.M. Gedam	
101	SHITALTAI V. DHONDANE	1 st year		Shital	
102	SHUBHANGI J. SHAHARE	1 st year		Sakhare	
103	SHUBHANGI N. MALKAM	1 st year		S.N. Malkam	
104	SONIYA P. DONGARE	1 st year		S.P. Dongare	
105	SWATI K. MESHARAM	1 st year		Sweeti.	
106	USHA R. TARAM	1 st year		Usha R. Taram	
107	VAISHNAVI D. SAYAM	1 st year		V.D. Sayam	
108	VANITA D. ZODE	1 st year		V.D. zode	
109	VITHABAI S. MADAVI	1 st year		Mr. Prashant Sahare	Vithabi
110	YAMINA M. MUNGULMARE	1 st year			Mungulmare
111	YEMUTAI P. WAGHADE	1 st year			Y. P. Waghade
112	YSHODHARA D. KAPGATE	1 st year			Kapgate.
113	MANISHA M. MARASKOLHE	1 st year			manish.
114	URWASHI TUKARAM NAITAM	2 nd year	R.g		
115	VARSHA GHANSHYAM ZALKE	2 nd year	V. Zalke		
116	PRATI KSHA A. NEWARE	1 st year		Pratiksha	
117	NIKITA H. WALKE	1 st year		N.H. Walke	

Ameshram

Head of the Deptt
Rukhama Mahila Manavidyalaya
Nawegaon/Bandh

Prinwale

Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia



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Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh
Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

2022-23

Teacher Guardian of First Sem

Roll No.	Name of student	Students/Parents Mobile No.	Contact Date	Remarks
1.	Ab. Saluam S. Anjaram	8788935662	23/7/22	
2.	Amrita R. Gharsat	9834597443	30/7/22	
3.	Ankita A. Kumbhare	7821850488	1/8/22	
4.	Babita G. Jambhule	8806793084	6/8/22	
5.	Bhmeshwari S. Naitam	7741863772	13/8/22	
6.	Chhaya S. Meshram	9309022066	29/8/22	
7.	Diksha L. Gotejode	7057201973	27/8/22	
8.	Dimpal D. Raut	8806220572	3/9/22	
9.	Geeta M. Ghughuskar	8698914461	10/9/22	

Raut

Name & Sign. Of Teacher Guardian.

M.R. Raut



Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

(For the use of Teacher Guardian)

Session: 2022-23

Record of Regular Interaction with Students:

Date of contact	Issue discussed/suggestion given	Signature of student
23/07/22	Incomplete homework	A. Kumbhare
30/07/22	Improper dress	A. R. Gharat
1/08/22	Late commers, bus issue	Sanjaam
6/08/22	Traveling issue	Bhaitam
13/08/22	scoring less marks in unit test	geeta
22/08/22	Irregular attendance	D.g
27/08/22	communication issue	D. Raat
3/09/22	losing interest in study	chhaya
10/09/22	Health issues	Bambhude
11/09/22	financial problem	Nikita
12/09/22	Health issue	Neha

Name & Signature of Teacher Guardian

M. B. Rauf



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor, Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23



Teacher Guardian Scheme 2022-23
Student profile
(To be filled in by the student)

Name of student : Ravina murari Badole

Class : BEST Roll No: _____

Hostel/ Local address : At, Karandli Tah - Arjuni/mor
Dist. Gondia

Phone No. (with STD code) : _____ Email ID: _____

Date of birth : 04/08/1999 Blood group: ot

Medical History (If any) : _____

Hobbies : Reading Tailoring

Participation in extracurricular :
activities in school/college _____

Name of parents: Father: Murari Mother: Mamta

Occupation: Father: Farmer Mother: House wife

Address of parents
(Permanent address) : _____

City: Arjuni Pin code: 441702 State: Maharashtra

Name & address
of local Guardian
(If hostelite/outsider) : _____

Any Medical history :- _____

Ravina
Signature of the student



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamv.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23



Teacher Guardian Scheme 2022-23
Student profile
(To be filled in by the student)

Name of student : Shubhangi N Malkam

Class : B.Sc 1st year Roll No: _____

Hostel/ Local address : At Kadholi, Ta - Arjuni morgaon
Dis - Gondia

Phone No. (with STD code) : 9373742856 Email ID: shubhangimalkam@gmail.com

Date of birth : 12/11/2003 Blood group: B +ve

Medical History (If any) : _____

Hobbies : Singing, Knoko, reading

Participation in extracurricular :
activities in school/college : _____

Name of parents: Father: Najukram Mother: Kusum

Occupation: Father: farmer Mother: house wife

Address of parents : At Kadholi, Ta - Arjuni morgaon, Dis - gondia
(Permanent address)

City: Arjuni morgaon Pin code: 441702 State: Maharashtra

Name & address : _____
of local Guardian : _____
(If hostelite/outsider)

Any Medical history :- _____

S. Malkam
Signature of the student



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamy.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23



Teacher Guardian Scheme 2022-23
Student profile
(To be filled in by the student)

Name of student

: Dileshwari Ranchoandra Patshurankar

Class

: B. Sc - I st Roll No: _____

Hostel/ Local address

: Nawegaonbandh, Ta. Arjuni/Mor
Dt. Gondia 441702

Phone No. (with STD code)

: 7796235869 Email ID: dileshwari112@gmail.com

Date of birth

: 09/10/2004 Blood group: _____

Medical History (If any)

: _____

Hobbies

: Kho-Kho

Participation in extracurricular :
activities in school/college

Name of parents:

Father: Ranchoandra Mother: Hemlata

Occupation:

Father: Farmer Mother: Housewife

Address of parents
(Permanent address)

: Nawegaonbandh

City: Nawegaon/B Pin code: 441702 State: Maharashtra

Name & address
of local Guardian
(If hostelite/outsider)

: _____

Any Medical history :-

P. D. Patshurankar

Signature of the student



Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh

Tah- Arjuni/ Mor. Dist- Gondia-441702

Website: www.rukhamamahilamy.com

Email ID: Rukhama.nawegaon@gmail.com

Department of Home Science
Session: 2022-23



Teacher Guardian Scheme 2022-23

Student profile

(To be filled in by the student)

Name of student

: Pratiksha Sewakram Kargate

Class

: B.Sc. (H.Sc.) Ist Roll No: _____

Hostel/ Local address

: At. Jambhrodi Ta. Mohadi
Dist. Bhandara.

Phone No. (with STD code)

: 7020948538 Email ID: _____

Date of birth

: 18/11/1998 Blood group: _____

Medical History (If any)

: _____

Hobbies

: cooking

Participation in extracurricular :
activities in school/college

Name of parents:

Father:

Sewakram

Mother:

Anusutha

Occupation:

Father:

farmer

Mother:

housewife

Address of parents
(Permanent address)

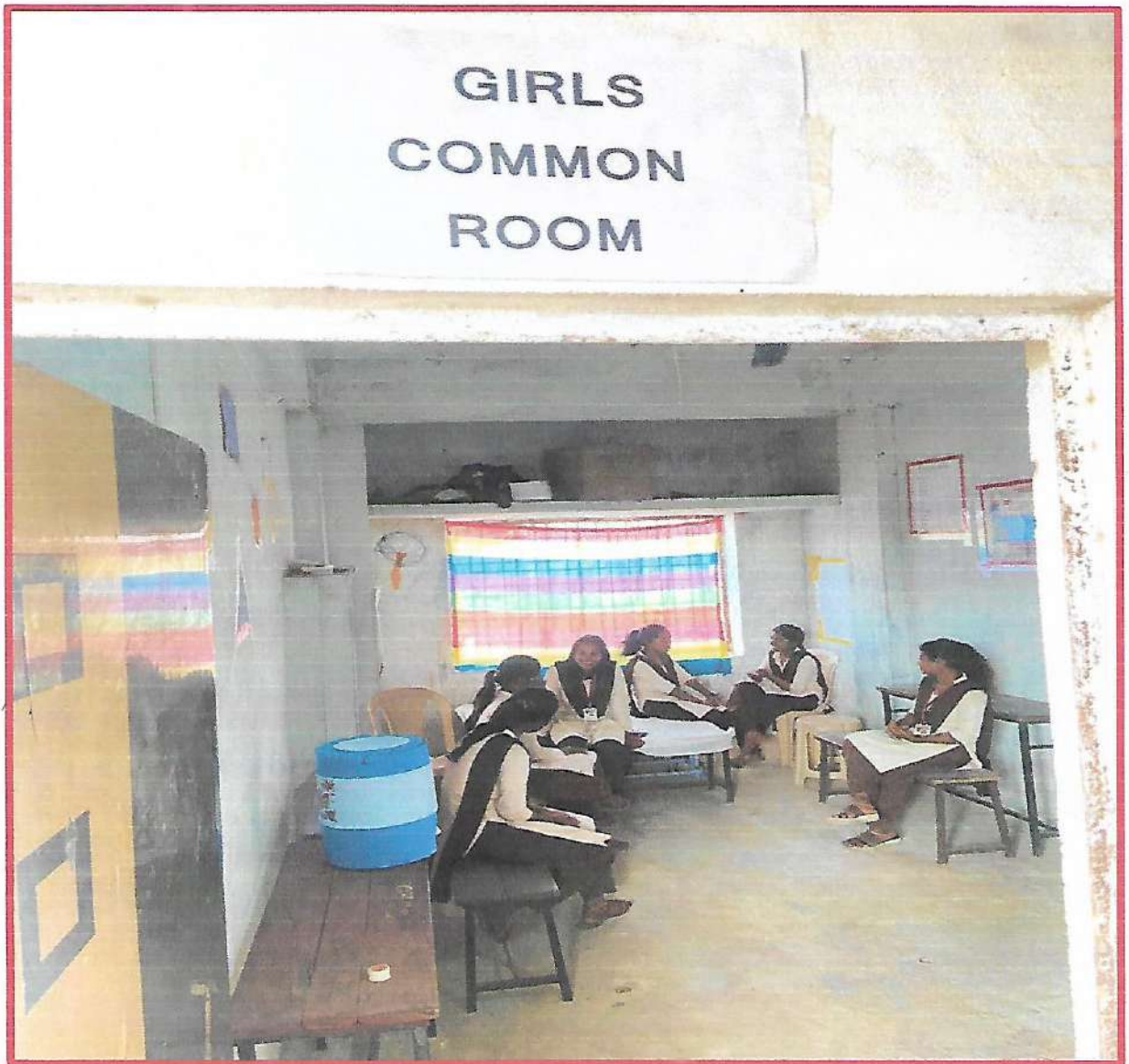
City: Mohadi Pin code: 441905 State: Maharashtra,

Name & address
of local Guardian
(If hostelite/outsider)

Any Medical history :-


Signature of the student

Girls Common Room:



B. Patel
Offi. Principal
RUKHAMA MAHILA MV
N/Bandh, Ia. A/Mor Di. Gondia

Sanitary Napkin Vending Machine and Incinerator:




Offi. Principal
RUKHAMA MAHILAMV
N/Bandh, Ia. A/Mor Di. Gondia