

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

Rukhama Mahila Mahavidyalaya Nawegaon/ Bandh Tah- Arjuni/ Mor. Dist- Gondia-441702

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B.Sc Home Science

PROGRAM OUTCOMES

SR. NO	PO's	DESCRIPTION	
1	PO 1	All programmes offer various relevant skill oriented courses.	
2	PO 2	The course focuses on skill development, innovation and capacity building.	
3	PO 3	Courses aim at making the students self-reliant with necessary proficiencies for a wide variety of career with entrepreneurial skills and placement.	
4	PO 4	Specialized courses are in sync with industry-academic needs, national & global issues and challenges.	
5	PO 5	Practical training/exposure through internship, field visit, project work, expert lectures, demonstration, workshops and seminars gives hands-on experience to students.	
6	PO 6	Students are sensitized towards challenges and solutions for societal development from grass- root level, i.e., home.	
7.	PO 7	Continuous innovations evolved through scientific researches in post graduate programs empower women and family with solutions to deal with everyday challenges	

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CO'S OF ALL SUBJECTS

Sr. No.	Subject Name & Course Code	CO's	A student will be able to
	Food and Nutrition (Fundamentals of Food Science and Nutrition-I) (1T- 1)	CO1-	Recognize role of nutrients, their requirements
1		CO2-	Recognize the effect of deficiency-excess of nutrients & function of food.
•		CO3-	Identify basic nutrients present in foods.
		CO4-	Skill to develop ability to improve the nutritional quality of food.
	H. D. L.	CO1-	Understand human development.
	Human Development (Fundamentals of Human	CO2-	Understand human behaviour.
2	Development) (1T-2)	СО3-	Understand prenatal development.
		CO4-	Understand development during infancy and childhood.
	Textile and Clothing (Fundamentals of Textile & Clothing) (1T-3)	CO1-	Know about textile fibers and enhance knowledge about types of yarn.
		CO2-	Knowledge about yarn numbering system.
3		СО3-	Fabric formation methods and their properties and end uses.
		CO4-	Knowledge latest fiber and factors affecting clothing.
	Family Resource Management (Fundamentals of Family Resource Management) (1T-4)	CO1-	Knowledge of importance of good taste.
		CO2-	Understand Basic concept of management.
4		CO3-	Develop aesthetic sense and to be good art consumer.
		CO4-	Knowledge on importance of interior decoration.

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		CO1-	Student get knowledge about need,
	Home Science Extension		concept, types of education & scope of home science.
	(Fundamentals of Home Science Extension) (1T-5)	CO2-	Understand meaning & need of Home Science extension.
5		СО3-	Understand importance of Rural Sociology and Rural Society.
		CO4-	Understand importance of Social
	197 - 20 - 30		Problems, Poverty and Rural Social Problems.
		604	Knowledge about ecosystem.
		CO1- CO2-	Knowledge about environment.
	Hausahald Biology (Faology	CO2-	Knowledge about environment.
6	Household Biology (Ecology and Environment-I) (1T-6)	СО3-	Knowledge about natural resources.
		CO4-	Knowledge about pollution.
w 8 1 °	Chemistry (BASIC	CO1-	Knowledge about purification of water for domestic purpose.
	CHEMISTRY-I) (1T-7)	CO2-	Knowledge about alloy and effect of
7			alloying various elements on properties of steel, composition and uses of stainless steel and brass.
		СО3-	Knowledge about physical properties of liquids.
		CO4-	Knowledge about colloids, emulsion and gel.
		CO1-	Knowledge on measurements and units.
8	Physics (Applied Physics and Basic Computer I)	CO2-	Knowledge on concept of fundamental and derived quantities.
Ü	(1T-8)	CO3-	Knowledge on mechanics.
		CO4-	Knowledge on uses of computer in various fields.
	English (English and	CO1-	Prepare the students to communicate effectively and fluently in English.
	English (English and Communication Skills-I)	CO2-	Prepare the students to deal with
9	(1T-9)		customers, professional, counselors in
	, ,		grammatical, idiomatic English.
		CO3-	Strengthen grammatical accuracy.
		CO4-	Enable students listening, speaking reading and writing.
	*//**		reading and writing.
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		CO1-	Identify various food groups their role and
			functions.
1	Food and Nutrition (Fundamentals of Food Science and Nutrition-II)	CO2-	Plan different recipes using different cooking methods & media and effect of different cooking methods on the quality
	(2T-1)	602	of foods.
	()	CO3-	Knowledge on role of various nutrients, effect of deficiency and excess.
		CO4-	knowledge on vitamins.
	· ·	CO1-	Understand growth and development during infancy & early childhood.
2	Human Development (Development In Early Years) (2T-2)	CO2-	Understand factors influencing development during infancy and early childhood years.
		CO3-	Knowledge on emotional development.
		CO4-	Knowledge on cognitive and language development.
	Textile and Clothing (SEWING TECHNIQUES) (2T-3)	CO1-	Skill on stitching technique and trimming.
		CO2-	Develop skill on spinning process and chemical process.
3		СО3-	Knowledge on seams.
		CO4-	Knowledge on fashion accessories.
	Family Resource Management (Interior Decoration & Design) (2T-4)	CO1-	Develop aesthetic sense.
4		CO2-	Develop good art consumer.
		CO3-	Understand the importance of colour in Interior Decoration.
		CO4-	Understand the types of flower arrangement and their uses.
	Home Science Extension	CO1-	Students developed awareness regarding community development programmers.
5	(Social Survey and Community Development) (2 T-5)	CO2-	Students assess the methods of social survey & social research.
J		CO3-	Students impart knowledge of community development & Extension Education.
	pro-	CO4-	Knowledge about gender and

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		CO1-	Knowledge about types of garden, Importance of garden, Nursery Development.
6	Household Biology (Ecology & Environment - II) (2T-6)	CO2-	Knowledge about plant propagation.
		CO3-	Knowledge about mushroom and types suitable for cultivation.
		CO4-	Knowledge about Vermicompost and Vermiculture.
		CO1-	Knowledge about characteristics of good fuel, calorific value, preparation of Gobar gas.
7	BASIC CHEMISTRY-II (2T-7)	CO2-	Knowledge about concept of acid and base.
	* , , ,	CO3-	Knowledge about organic compounds and Homologous series.
		CO4-	Knowledge about factors causing atmospheric corrosion,
		CO1-	Understand concept of basic electricity.
8	Applied Physics and Basic Computer - II (2T-8)	CO2-	Understand concept of nature of light.
O		СО3-	Understand concept of types of lens and x-rays.
		CO4-	Understand concept of mother board and computer memory.
1	English and Communication Skills- II (2T-9)	CO1-	Enable students listening, speaking reading and writing.
		CO2-	Prepare the students to communicate effectively and fluently in English.
9		CO3-	Prepare the students to deal with customers, professional, counselors in
		CO4-	correct grammatical, idiomatic English. Personality development training through situational role play, interview techniques, group discussions, seminar presentation.
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	SEN	MESTER -	Ш
	Food and Nutrition	CO1-	Understand the advantage of maintaining healthy lifestyle with following a balanced diet with adequate physical activity.
1	(Community Nutrition) (3T-1)	CO2-	Skills on preparation of standardized recipes for specific age group.
		CO3-	Identify basic Nutritional requirement of individual (RDA) and Prepare diet plans for individual of different age group and physical states.
		CO4-	Knowledge on microorganisms on food.
		* 1 * 1	
	Human Development	CO1-	Understand development in late childhood and adolescence.
_	(Development in Late	CO2-	Understand dimensions of development in adulthood.
2	Childhood and Adolescence) - (3T-2)	СО3-	Understand the significant changes during late childhood to adolescence
		CO4-	Recognize the issues concerning late childhood and adolescence.
	Textile and Clothing (Textile Design) (3T-3)	CO1-	Knowledge of traditional textiles.
2		CO2-	Develop creativity in designing for prints.
3		СО3-	Knowledge of various methods of fabric construction.
		CO4-	Awareness of different dyeing and printing techniques.
	Family Resource Management (Housing and Interior Decoration) (3T-4)	CO1-	Understand concept of Housing.
4		CO2-	Understand factors affecting house planning.
		CO3-	Knowledge about arrangement of furniture.
		CO4-	Develop graphic skills to express ideas in design, forms, knowledge of landscaping and economic use of space.
	Harry Crimes Entension	CO1-	Students develop awareness about group psychology & group dynamics.
5	Home Science Extension (Extension Communication	CO2-	Students assess the extension teaching methods & approaches.
3	Techniques) (3T-5)	CO3-	Knowledge about art of presentation.
		CO4-	Knowledge about devices useful in effective communication.
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2	Household Biology (Applied	CO1-	Understand the structure and function of various organs of human body.
6	Physiology- I) (3T-6)	CO2-	Understand Locomotor System and Sense Organs.
		CO3-	Understand blood and Lymphatic system.
		CO4-	Promote the basic knowledge of first aid.
7		CO1-	Knowledge about carbohydrates and lubricants.
	APPLIED CHEMISTRY-I (3T-	CO2-	Knowledge about fermentation.
7	7)	CO3-	Knowledge about oils and fats.
		CO4-	Knowledge about preparation and action of soap and detergents.
	* * * * * * * * * * * * * * * * * * * *	CO1-	Knowledge on electrical safety.
	Applied Physics & Computer Application -I	CO2-	Knowledge on heat, appliances and operating systems.
8		CO3-	Knowledge on word processing software (MS WORD).
	(3T-8)	CO4-	Knowledge on database creation and management software (MS EXCEL)
	SE	MESTER -	-IV
	Food and Nutrition (Nutrition	CO1-	Understand preservation techniques & role of microorganisms in food industry.
	for Life Span)	CO2-	Knowledge on planning of meal.
1	(4T-1)	CO3-	Assess nutritional status of individual by different assessment methods.
		CO4-	Knowledge to calculate balance diet.
	Human Development	CO1-	Understand concerns of the family and society with respect to the individual in adult hood.
2	(Development in Adulthood)	CO2-	Understand early adulthood.
	(4T-2)	CO3-	Understand middle adulthood.
		CO4-	Understand late adulthood.



	Textile and Clothing	CO1-	To develops the ornamentation skills of students through using various techniques of the same.
3	(SURAFACE ORNAMENTATIO N TECHNIQUES) (4 T-3)	CO2-	To make students aware about different regional embroideries of India as well as some basic western embroideries.
		СО3-	learn about different hand dyed and painted textiles of India along with their techniques.
		CO4-	learn about various lace making techniques.
	Family Resource Management (Housing and Home	CO1-	To gain knowledge about the role of internal amenities in contributing for satisfying family living.
4	Furnishing)	CO2-	Understand waste management.
	(4 T-4)	CO3-	Understand lighting and house planning.
		CO4-	Understand home furnishing and floor coverings.
	H. C. Futancian	CO1-	Students understand the concept of mass communication & media in Extension.
5	Home Science Extension (Media In Extension)	CO2-	Students comprehend the concept of advertisement in extension.
J	(4 T -5)	СО3-	Student develops the understanding of journalism in extension.
		CO4-	Students get knowledge about art of presentation & devices useful for effective communication.
	II I. Dislam, (Applied	CO1-	Understand the structure and function of Heart.
6	Household Biology (Applied Physiology - II)	CO2-	Understand the structure and function of respiratory system.
	(4T-6)	CO3-	Understand the structure and function of Digestive System.
		CO4-	Understand the structure and function of Reproductive System.
l e	APPLIED CHEMISTRY-II (4T-7)	CO1-	Knowledge about preparation and uses of polyethylene, PVC, Nylon-6, Nylon-66 and polyester.
7		CO2-	Knowledge about dyes and aromatic
		CO3-	Chemistry. Knowledge about cosmetics and drugs.
		CO4-	Knowledge about essential oils and perfumes.

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		CO1-	Knowledge on electricity.
	Applied Physics & Computer Application -II	CO2-	Knowledge on effects of electric current.
8	(4 T-8)	CO3-	Knowledge on electrical appliances.
		CO4-	Knowledge on MS power point and internet.
	SE	MESTER -	-V
	Food and Nutrition (DIET	CO1-	Understand the significance of therapeutic diet in management of various disease conditions.
1	THERAPY - I)	CO2-	Modify basic diets for common lifestyle diseases.
	(5 T-1)	CO3-	Choose appropriate diets for various physiological conditions.
		CO4-	Knowledge about cause of various diseases.
	Human Development (Family	CO1-	Become aware of importance of family.
2	Dynamics and Developmental Assessment) (5T-2)	CO2-	Become aware of importance of marriage.
		CO3-	Knowledge on developmental assessment
		CO4-	Knowledge on early development stimulation.
M +x =4 1	Textile and Clothing	CO1-	Skill in designing and making paper pattern for different garment.
3	(Advanced Pattern Making) (5T-3)	CO2-	Develop the ability to create style in the garment through flat pattern making.
		CO3-	Knowledge about principles of draping fabric on the dress form.
		CO4-	Skill in creation of parts like skirts, collars, sleeves.
	Family Resource Management (Resource Management - I)	CO1-	Recognize the importance of wise use of resources.
4	(5T-4)	CO2-	Importance of motivating factors in management.
		CO3-	Knowledge on family resources.
		CO4-	Understand decision making and time management.

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(Programme Planning And Building In Extension) (5T-5) Household Biology (Nutritional Biochemistry- I) (5T-6)	CO2- CO3- CO4- CO2- CO3-	mobilization & role of change agents. Develop understanding about Programme planning. Develop understanding of community organization. Knowledge about adoption process in community development. Understanding of the principals of biochemistry. Understanding of the principals of carbohydrates.
	CO4- CO1- CO2-	Develop understanding of community organization. Knowledge about adoption process in community development. Understanding of the principals of biochemistry. Understanding of the principals of carbohydrates.
	CO1-	Understanding of the principals of biochemistry. Understanding of the principals of carbohydrates.
	CO2-	biochemistry. Understanding of the principals of carbohydrates.
		Understanding of the principals of carbohydrates.
	CO3-	
		Understanding of the principals of lipids and protein.
	CO4-	Understanding of the principals of nucleic acid.
Applied Physiology/ Household Biology (Health Science and Hygiene) (5T-7)	CO1-	Understand basic concept of microorganisms
	CO2-	Understand concept of Infectious disease Epidemiology.
	CO3-	Understand concept of Health Education and Disinfection.
	CO4-	Understand concept of Family planning and demography.
SEN	MESTER -	-VI
Food and Nutrition (Diat	CO1-	Describe the different types of diets.
Therapy-II) (6T-1)	CO2-	Knowledge about feeding methods for various disease conditions.
	CO3-	Understand diet management.
	CO4-	Knowledge about symptoms of various diseases.
Human Development (Care and well-being in Human		Understand the significance of care and wellbeing in human development.
Development)		Understand the concerns at different stages of life.
(61-2)	CO3-	Explore the availability of services and institutions that promote care and wellbeing.
	CO4-	Knowledge on policies, services and programs.
	Biology (Health Science and Hygiene) (5T-7) SEM Food and Nutrition (Diet Therapy-II) (6T-1) Iuman Development (Care and well-being in Human	Applied Physiology/ Household Biology (Health Science and Hygiene) (5T-7) SEMESTER - CO1- Food and Nutrition (Diet Therapy-II) (6T-1) CO2- CO3- CO4- Iuman Development (Care and well-being in Human Development) (6T-2) CO3- CO3- CO3- CO3- CO3- CO3- CO3- CO3

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	Textile and Clothing (Fashion	CO1-	Enhance knowledge about preparations of fabric, pattern layout and fitting styles of Garments.
3	Designing) (6T-3)	CO2-	Understand about the working of fashion industry
		CO3-	Understand about terminology of fashion.
		CO4-	Understanding of international designers and their work.
	Family Resource Management (Resource Management -II)	CO1-	Develop ability to apply management principles in experimental house.
4	(6T-4)	CO2-	Develop ability to manage various resources.
		СО3-	Develop ability to apply work simplification techniques.
		CO4-	Understand event management.
	Home Science Extension	CO1-	Students developed the concept of Extension training & methods.
5	(Community Development and Management) (6 T-5)	CO2-	Students understand the necessity, importance & aspects of coordination in Extension work.
	(6.1-3)	CO3-	Students understand the concept of development communication & PADC.
		CO4-	Students understand administration, supervision & monitoring evaluation for Extension work.
	Household Biology (Nutritional	CO1-	Basic knowledge on chemistry of major nutrients and physiologically important compounds.
6	Biochemistry-II) (6 T-6)	CO2-	Obtained an insight into the biological processes, systems like Metabolism as applicable to human nutrition.
		CO3-	Basic knowledge on protein and lipid metabolism.
		CO4-	Apply the knowledge acquired to human nutrition and dietetics.
	Applied Physiology/ Household	CO1-	Understand concept of Bacteria and viruses.
7	Biology (Public Health) (6T-7)	CO2-	Understanding of diseases caused by bacteria, viruses and protozoa
		CO3-	Understand concept of parasitic infections and mode of infection.
		CO4-	Understand concept of Immunity.

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